Question: On a scale of 1-10 with 10 being, I really don’t mean to brag but I could be chef at a 5 star restaurant and 1 being, I hardly know how to use a toaster – how much do you like to cook and why? If you enjoy cooking share what your favorite dish or food category is to cook or bake.

Proverbs 13:12 (AMP) “Hope deferred makes the heart sick, but when the desire is fulfilled, it is a tree of life.”

The Hebrew word for defer is mashak:

_____________________________________________

JoEllen Weaverling’s Story

I Samuel 1:6-20

Hannah’s rival “kept provoking Hannah in order to irritate her.”

Hannah’s faith plays out in five choices she made that kept hope alive in the face of disappointment:

1. Hannah

_____________________________________________

Matt. 6:31-34 (AMP) Therefore do not worry and be anxious, saying, What are we going to have to eat? or, What are we going to have to drink? or, What are we going to have to wear? For the Gentiles (heathen) wish for and crave and diligently seek all these things, and your heavenly Father knows well that you need them all. But seek (aim at and strive after) first of all His kingdom and His righteousness (His way of doing and being right), and then all these things taken together will be given you besides. So do not worry or be anxious about tomorrow, for tomorrow will have worries and anxieties of its own. Sufficient for each day is its own trouble.
“seek” in verse 32 is epizeteo: a craving or longing, mostly of evil desires; a desperate,

It’s a __________________________ craving.

“seek” in verse 33 is zeteo: to seek by thinking; mentally processing, pondering, reflecting

It’s ________________________________________________

Not a seeking for what’s lost but for something

_______________________________________

2. Hannah

Proverbs 25:28 Whoever has no rule over their own spirit, is like a city broken down, without walls.

3. Hannah

Proverbs 3:5-6 Trust in the LORD with all your heart and lean not on your own understanding;
in all your ways submit to him, and he will make your paths straight.

4. Hannah

James 5:16b (AMP) The earnest (heartfelt, continued) prayer of a righteous woman makes tremendous power available [dynamic in its working].

Psalm 62:8
5. Hannah _____________________________________________________________

1 Samuel 2:1-17

Further Study:

1. Read the background story of Miriam that Sherilyn will teach on next week:
   Exodus 2:1-10 (You can edit the Teaching Schedule; The Story of Miriam will be
   2/28 and The Story of Hagar, 3/14).

2. Read Unquenchable, chapter 3
   Spend time answering and reflecting on the author’s end-of-the-chapter food for
   thought: *Come to The Fire* – pp. 80-81

3. Spend some time praying, and getting honest with yourself and God about things
   or people that have disappointed you. Which of the expressions of faith below might
   be helpful for you to give your attention to? Take some time to meditate on the
   corresponding verses and journal about the application to your life or
   relationships. You could also take one for each day of the week to reflect and
   journal about it and the corresponding verses, adding some of your own on the
   subject. Do a word search on the word in **bold type**.

   • **Seek** the Lord (especially when your heart is hurting).
     - Lamentations 3:22-25
     - Psalm 119:71-74
     - Matthew 6:31-34
     - Hebrews 11:6

   • **Rule** your own spirit (especially when you are being wrongly treated).
     - Habakkuk 3:17-19
     - 2 Corinthians 4:17-18
     - Colossians 3:15
• **Trust** in God and not in your circumstances (especially when your circumstances are marked by disappointment).

  - Jeremiah 29:11
  - Psalm 138:7-8
  - Proverbs 3:5-6; 16:9
  - John 14:1-3

• **Pray** fervently (and continue to pray).

  - Psalm 62:5
  - Romans 11:33-36
  - 1 Thessalonians 5:17
  - James 5:16-17

• Express **gratitude** (even in disappointment; thankful in all things).

  - Psalm 100
  - Philippians 4:6-7
  - Colossians 3:15
  - 1 Timothy 6:6-7