



Heart-to-Heart

What If...I Expected a "Seated Life with Christ"
to Set My Heart Free?

Week 4 | February 25, 2016

Ephesians 2:1-10
2 Corinthians 5:17

To believe and receive our new identity in Christ:

1 – Read to God's Word every single day.
Psalm 19:7-14; Hebrews 4:12

"I've got to be in the *Good Book* more than I am on Facebook." – Jennifer Rothchild,
Invisible

2 – Let the Holy Spirit expose lies that you are believing.
John 8:44; Ephesians 6:10-18

3 – Tell yourself the truth about who Jesus is instead of going over and over who you are,
or who you're not.
John 17:17; Philippians 4:8; Colossians 3:12-16

1 Corinthians 1:20-30
Proverbs 9:1-6

Proverbs 9:10-13 CEV

Heart-to-Heart

Week 4 | Page 2

Further Study:

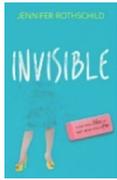
“A seated person moves even more deeply into the reality of her identity with Jesus Christ.” - Heather Holleman, *Seated with Christ*

Read, meditate and study the context of Ephesians 2:6.

Ephesians 2:1-10 AMP (Amplified Bible)

And you [He made alive when you] were [spiritually] dead *and* separated from Him because of your transgressions and sins, ² in which you once walked. You were following the ways of this world [influenced by this present age], in accordance with the prince of the power of the air (Satan), the spirit who is now at work in the disobedient [the unbelieving, who fight against the purposes of God]. ³ Among these [unbelievers] we all once lived in the passions of our flesh [our behavior governed by the sinful self], indulging the desires of human nature [without the Holy Spirit] and [the impulses] of the [sinful] mind. We were, by nature, children [under the sentence] of [God's] wrath, just like the rest [of mankind]. ⁴ But God, being [so very] rich in mercy, because of His great *and* wonderful love with which He loved us, ⁵ even when we were [spiritually] dead *and* separated from Him because of our sins, He made us [spiritually] alive together with Christ (for by His grace—His undeserved favor and mercy—you have been saved from God's judgment). ⁶ And He raised us up together with Him [when we believed], and seated us with Him in the heavenly *places*, [because we are] in Christ Jesus, ⁷ [and He did this] so that in the ages to come He might [clearly] show the immeasurable *and* unsurpassed riches of His grace in [His] kindness toward us in Christ Jesus [by providing for our redemption]. ⁸ For it is by grace [God's remarkable compassion and favor drawing you to Christ] that you have been saved [actually delivered from judgment and given eternal life] through faith. And this [salvation] is not of yourselves [not through your own effort], but it is the [undeserved, gracious] gift of God; ⁹ not as a result of [your] works [nor your attempts to keep the Law], so that no one will [be able to] boast *or* take credit in any way [for his salvation]. ¹⁰ For we are His workmanship [His own master work, a work of art], created in Christ Jesus [reborn from above—spiritually transformed, renewed, ready to be used] for good works, which God prepared [for us] beforehand [taking paths which He set], so that we would walk in them [living the good life which He prearranged and made ready for us].

Read Galatians 5:22-26. List the fruit of the Spirit and use each one to declare who YOU are, or can be, in Christ. For example: I am loving toward _____ . I am full of joy when _____ . I am peaceful about _____ .



***Invisible; How You Feel is Not Who You Are* by Jennifer Rothchild**

Author Jennifer Rothchild has a story for you. It's about an unlikely couple, an unusual courtship, a beautiful wedding, and an illicit affair. Despite this situation, the marriage did not fail. It flourished. Here is the story of Hosea's love for Gomer--a woman who might have disappeared into her transgressions if not for the love of her husband. It's a beautiful illustration of the story of God and Israel. Believe it or not, it's your story too. God chose you and loves you. If you wander off, He will find you. If you are afraid, He will reassure you. If you are broken, He will restore you. If you are ashamed, He will cover you. If you give up on Him, He will not give up on you. No matter where you are, God sees who you are and loves you faithfully. Through the story of Hosea and Gomer, God tenderly reaches out to you and whispers, "My daughter, my name and nature are love. My name makes you lovely. Because I am worthy, I make you worthy. I am here to remind you of who you are. You are never invisible to me."