

Welcome to
Heart-to-Heart!



Enlarging the Borders of My Trust; Facing the Fears of My Heart

Week 8 | 04.28.14 (PM) | 04.30.14 (AM)

Arachibutyrophobia - Fear of peanut butter sticking to the roof of the mouth.

Peladophobia - Fear of bald people.

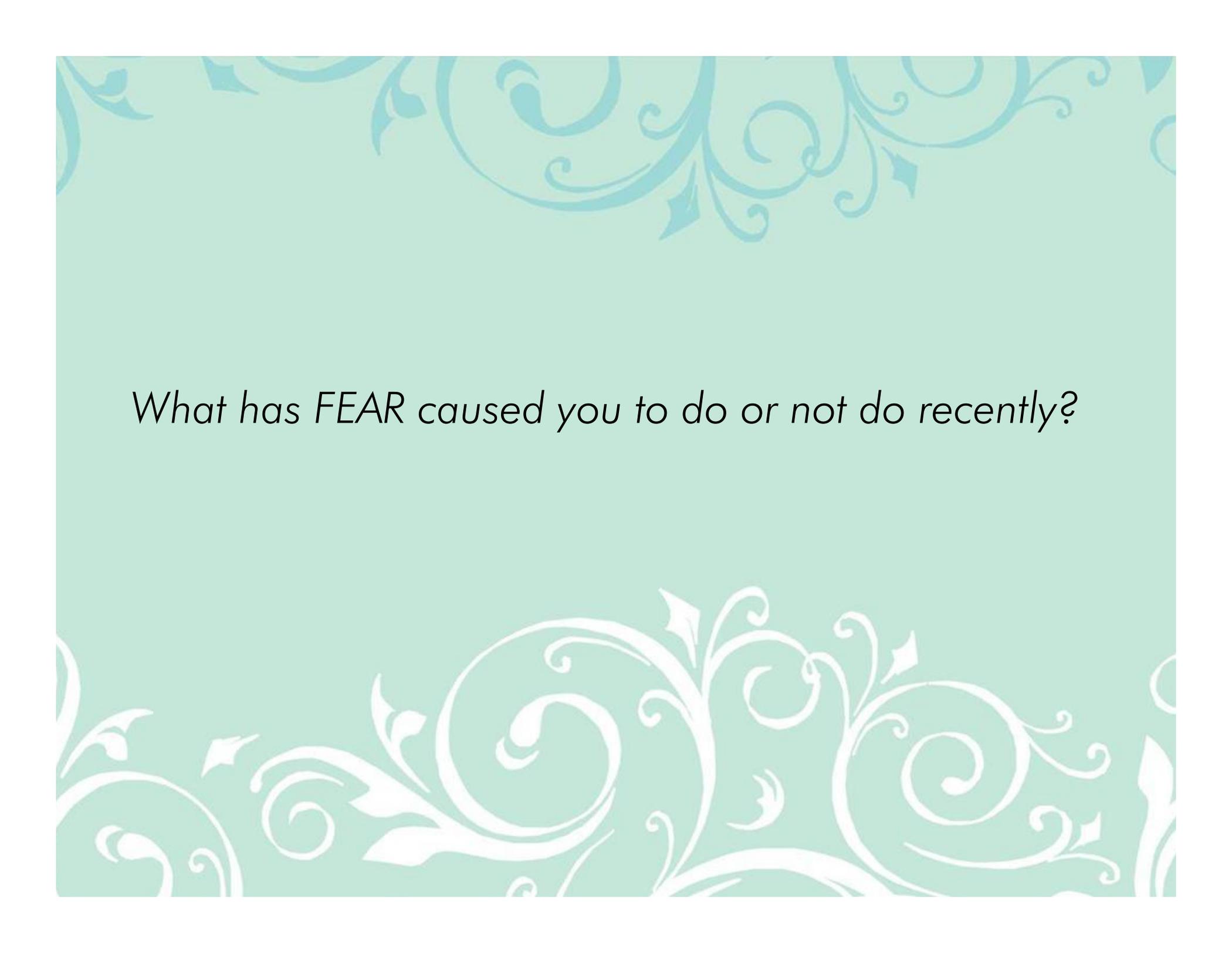
Genuphobiam Fear of knees.

Zemmiphobia- Fear of the great mole rat.

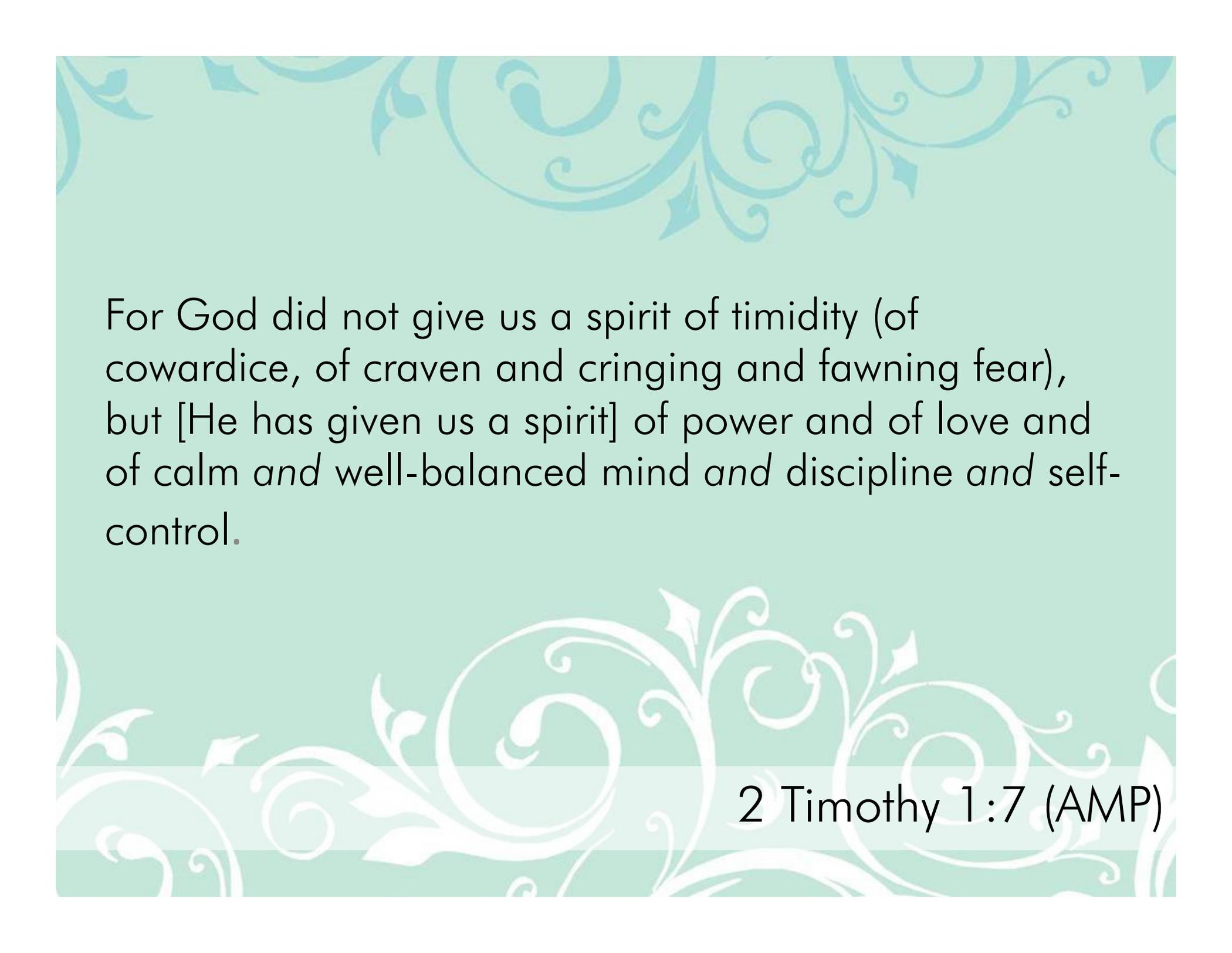
Homilophobia - Fear of sermons.

Chionophobia- Fear of snow.

Phobaphobia - fear of being afraid!



What has FEAR caused you to do or not do recently?

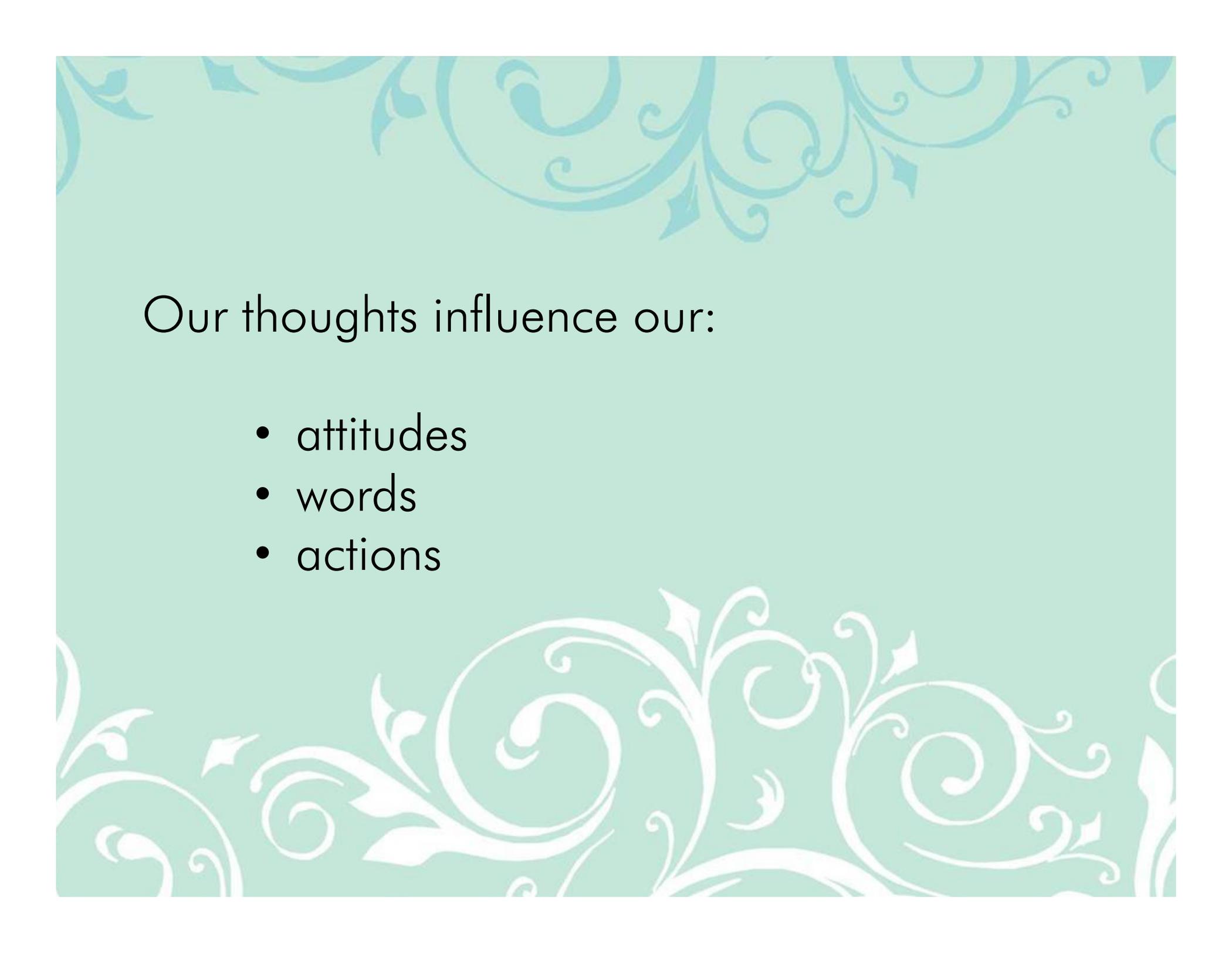


For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm *and* well-balanced mind *and* discipline *and* self-control.

2 Timothy 1:7 (AMP)

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. (hear that? Our major weapon defense = thought life!)

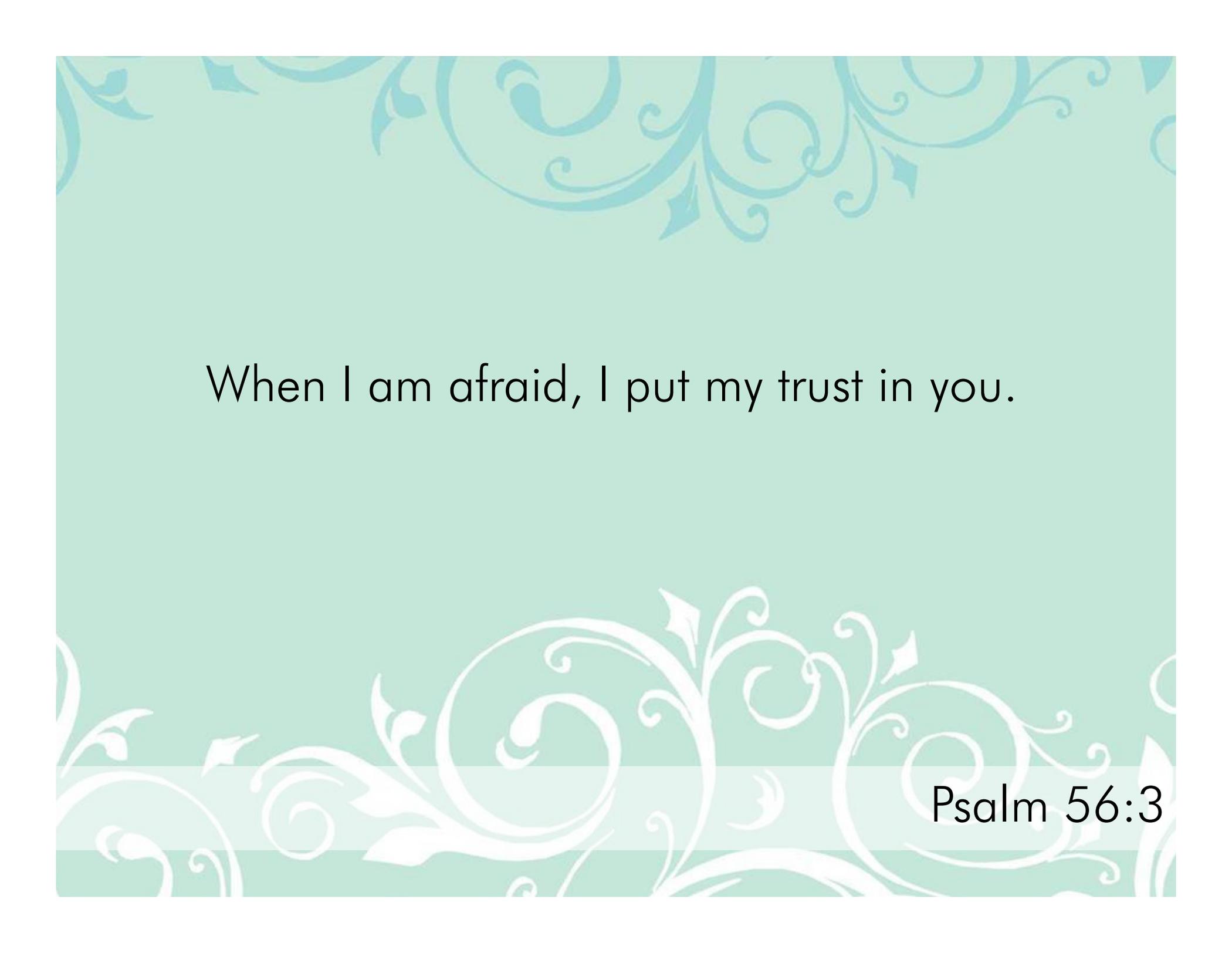
2 Corinthians 10:4-5



Our thoughts influence our:

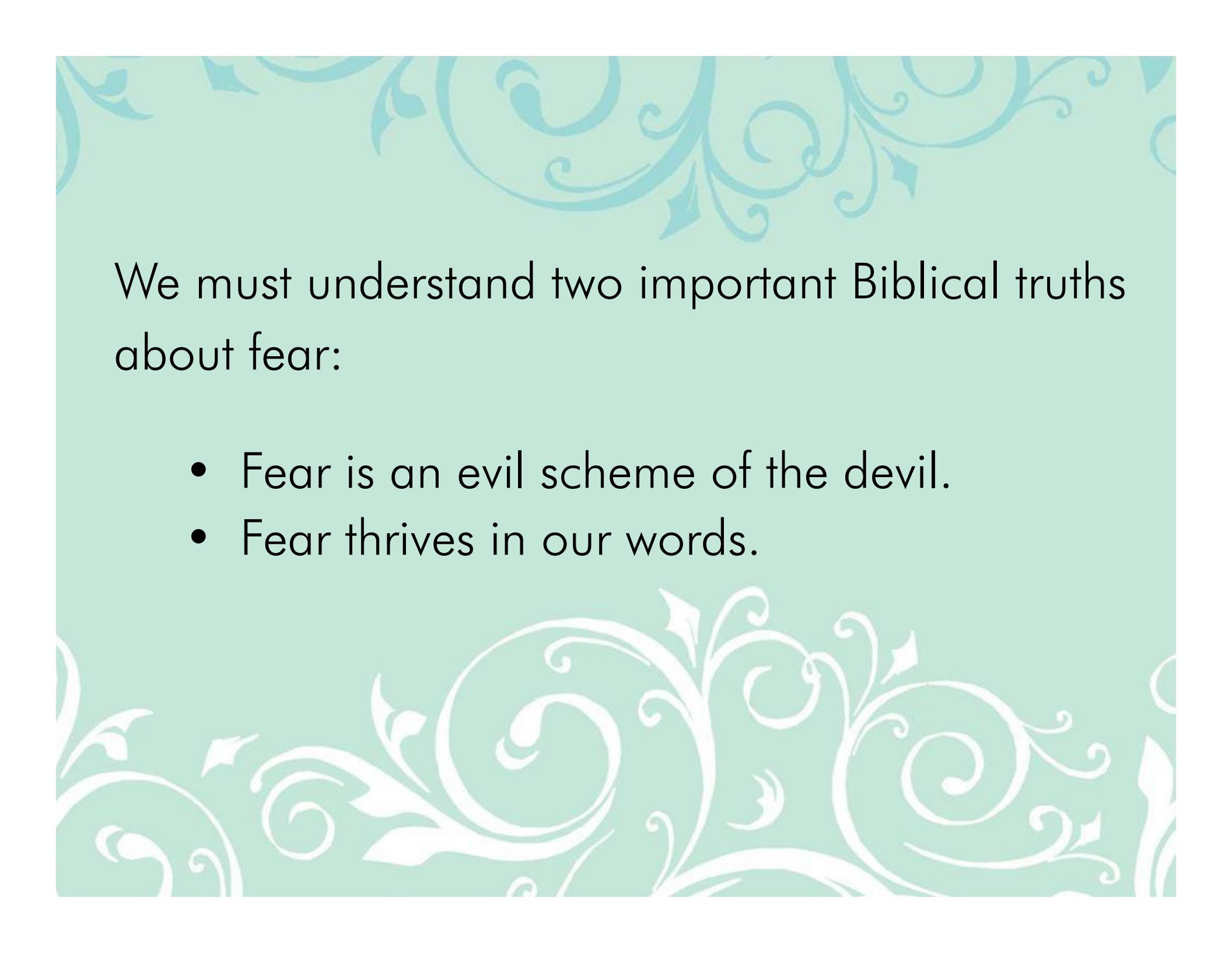
- attitudes
- words
- actions

- What are you afraid of?
- Are there areas of your life that are being stifled because of fear?
- Is the enemy using fear to stop you from your God-given assignment?
- Is the enemy using fear to keep you from enjoying life?
- Has your fear turned to torment? Does what you fear have you totally consumed with worry and anxiety over the future?



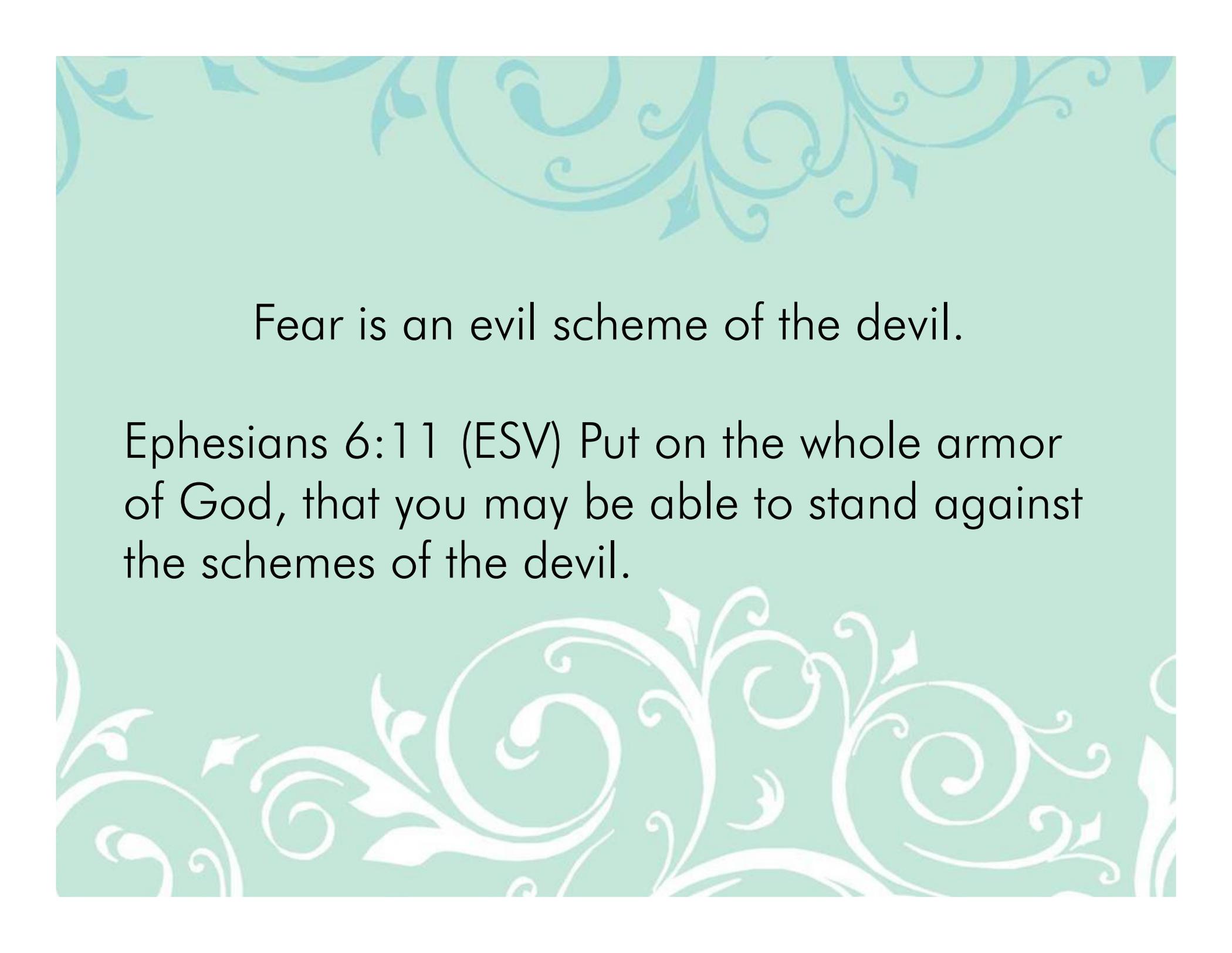
When I am afraid, I put my trust in you.

Psalm 56:3



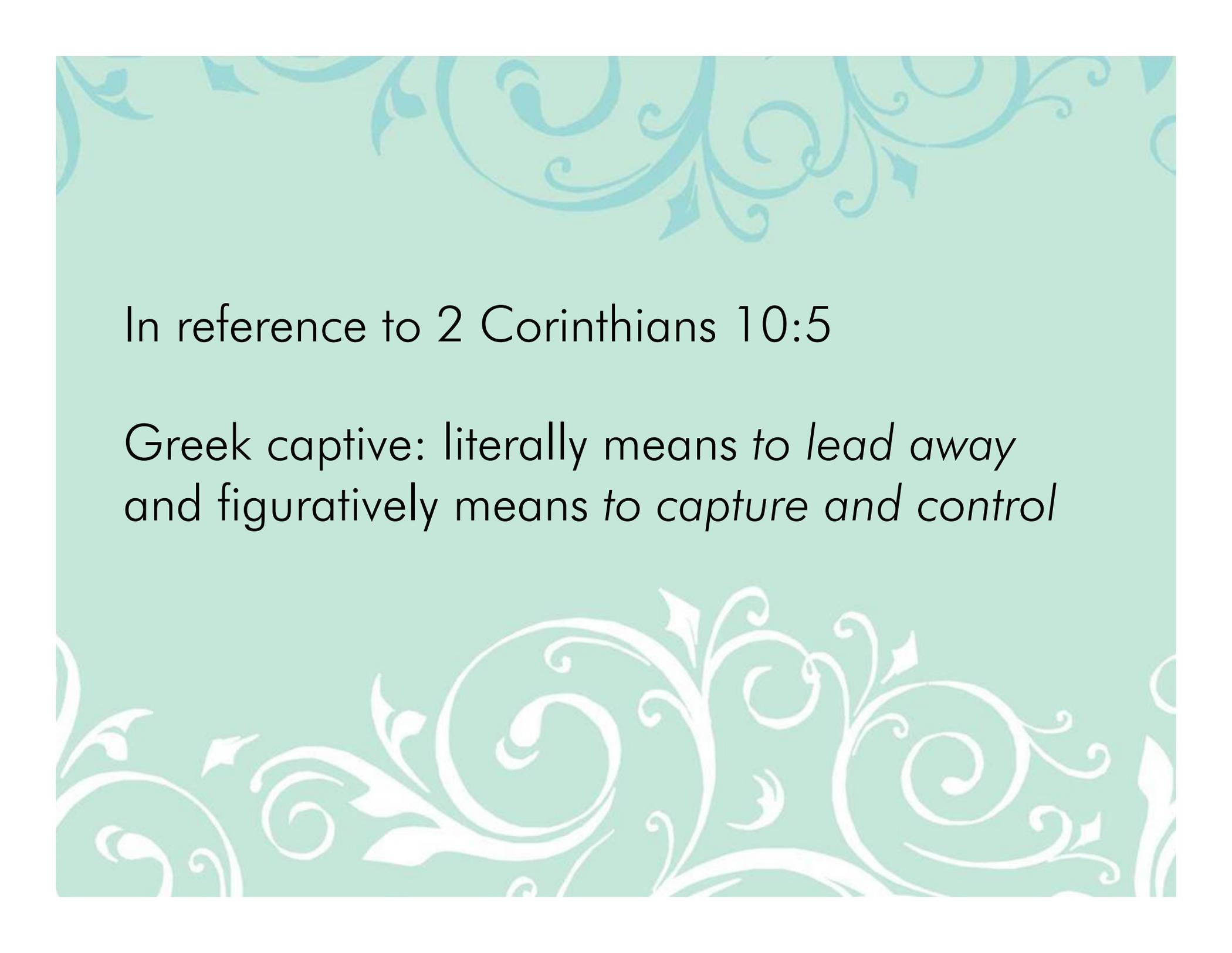
We must understand two important Biblical truths about fear:

- Fear is an evil scheme of the devil.
- Fear thrives in our words.



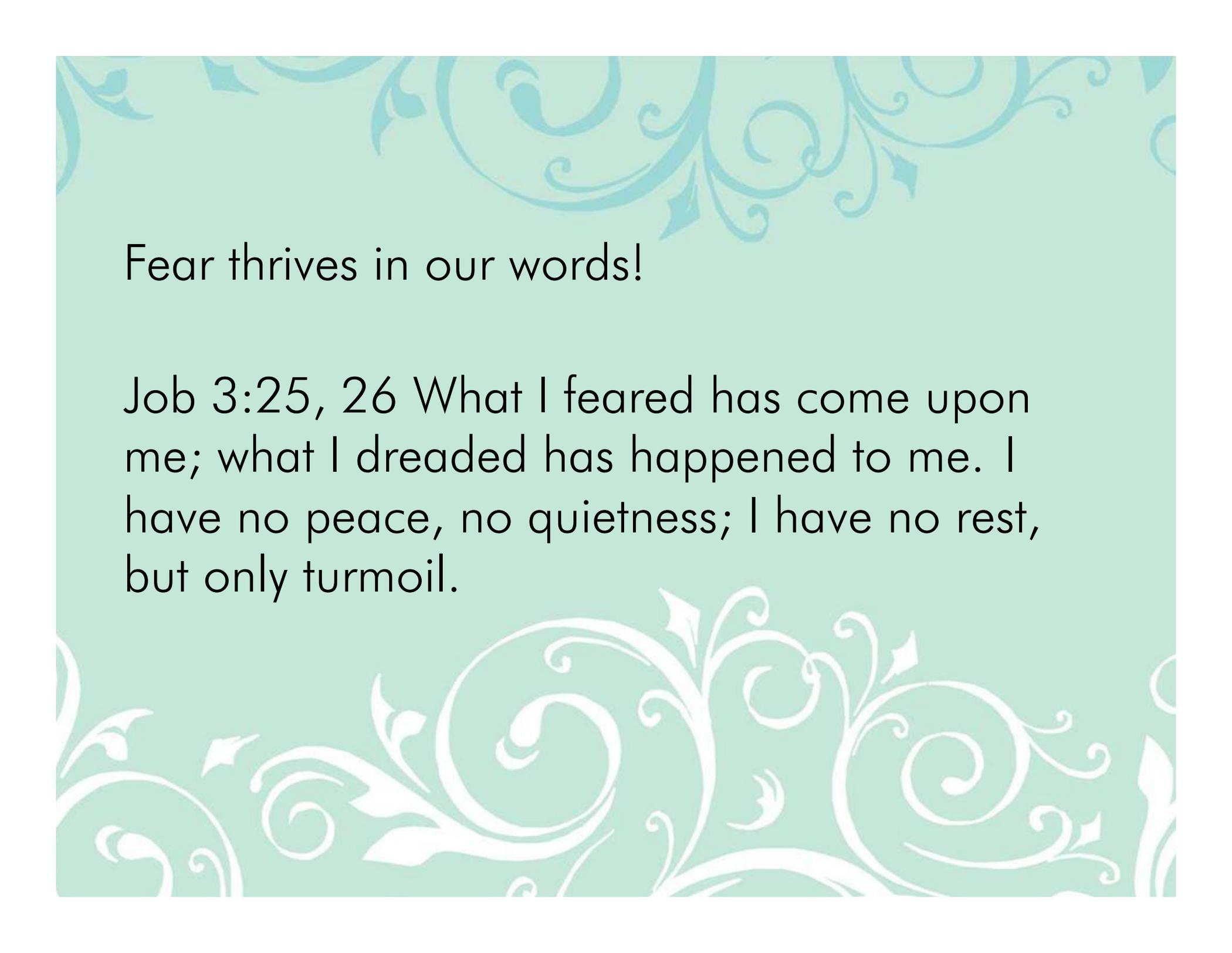
Fear is an evil scheme of the devil.

Ephesians 6:11 (ESV) Put on the whole armor of God, that you may be able to stand against the schemes of the devil.



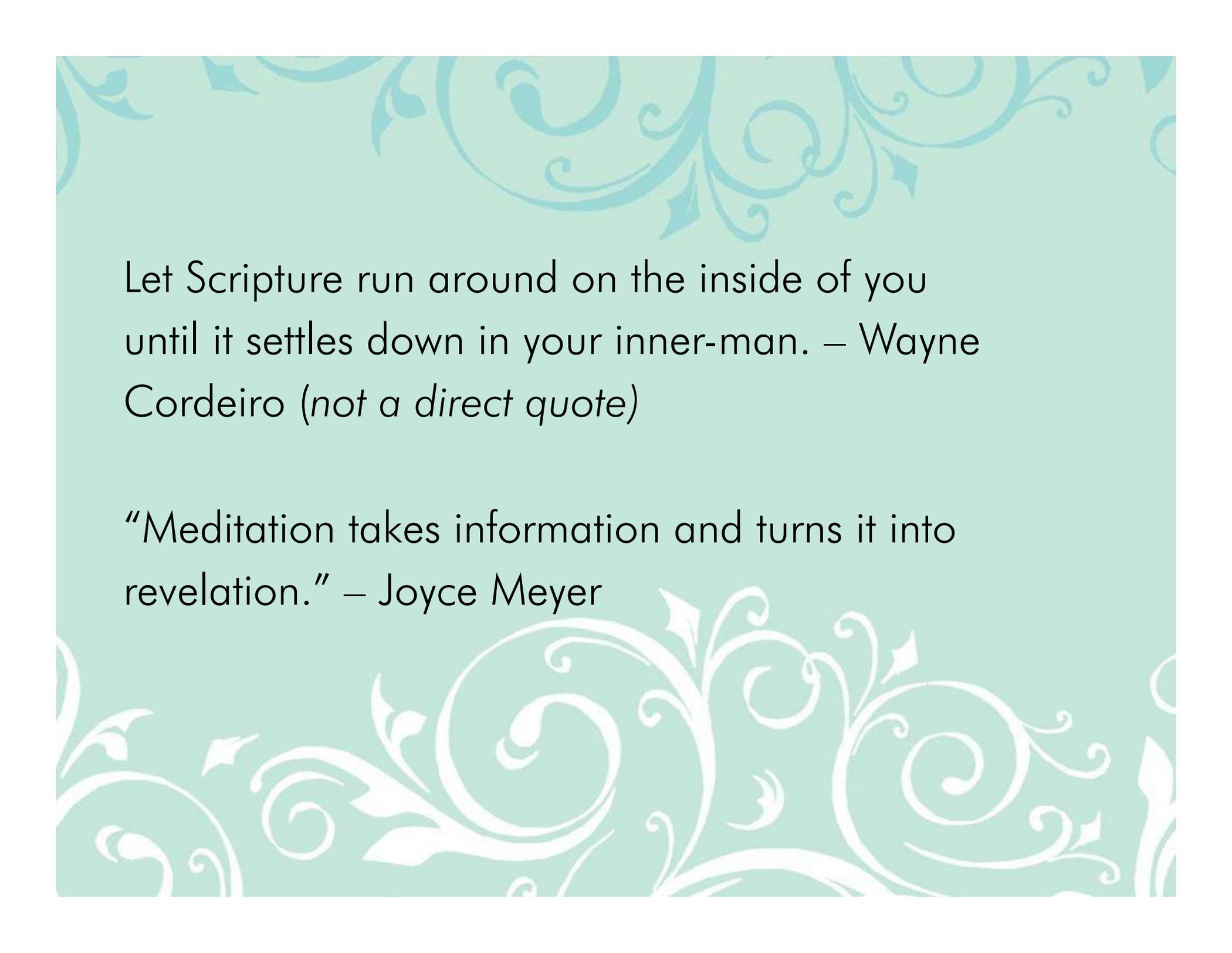
In reference to 2 Corinthians 10:5

Greek captive: literally means *to lead away*
and figuratively means *to capture and control*



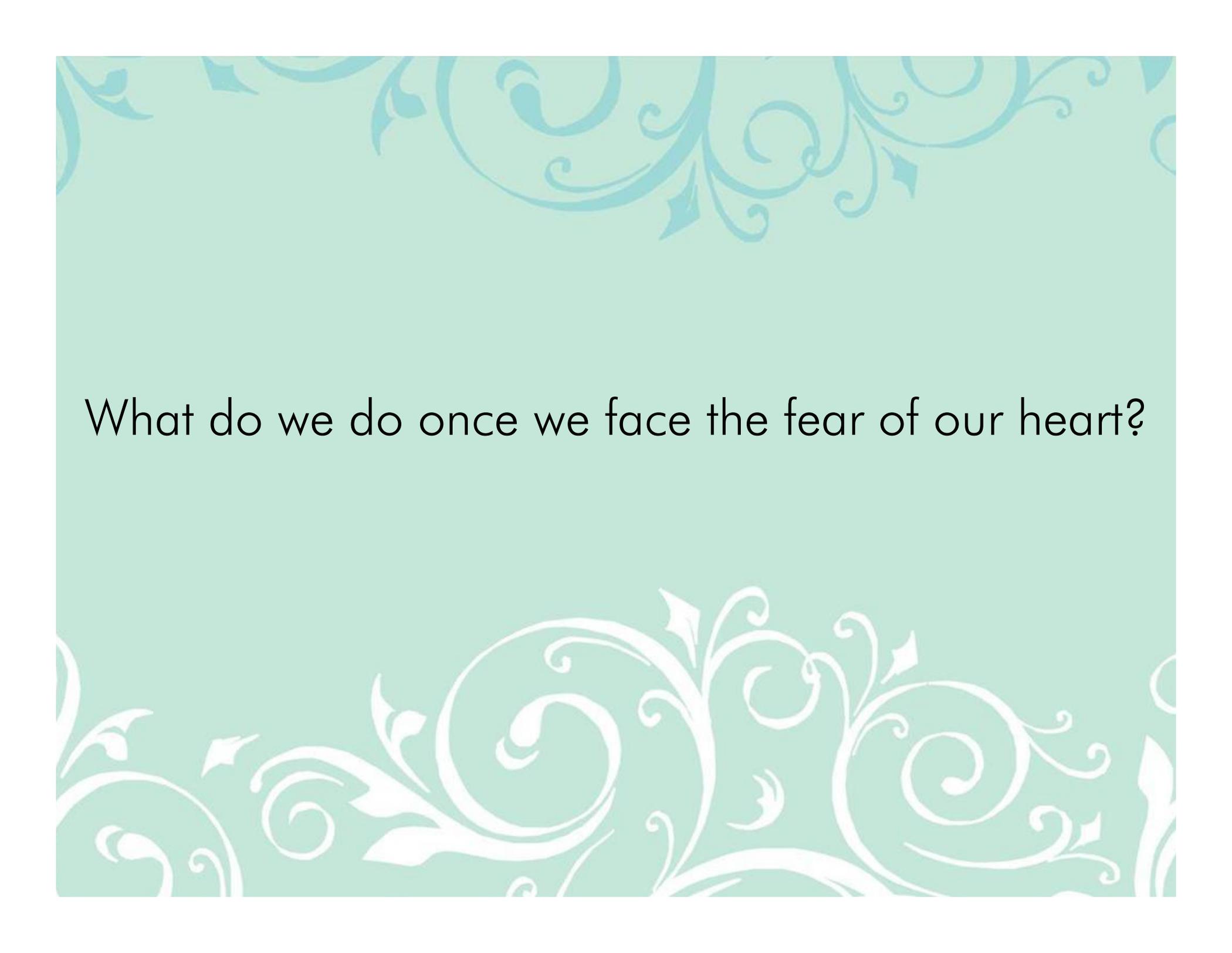
Fear thrives in our words!

Job 3:25, 26 What I feared has come upon me; what I dreaded has happened to me. I have no peace, no quietness; I have no rest, but only turmoil.

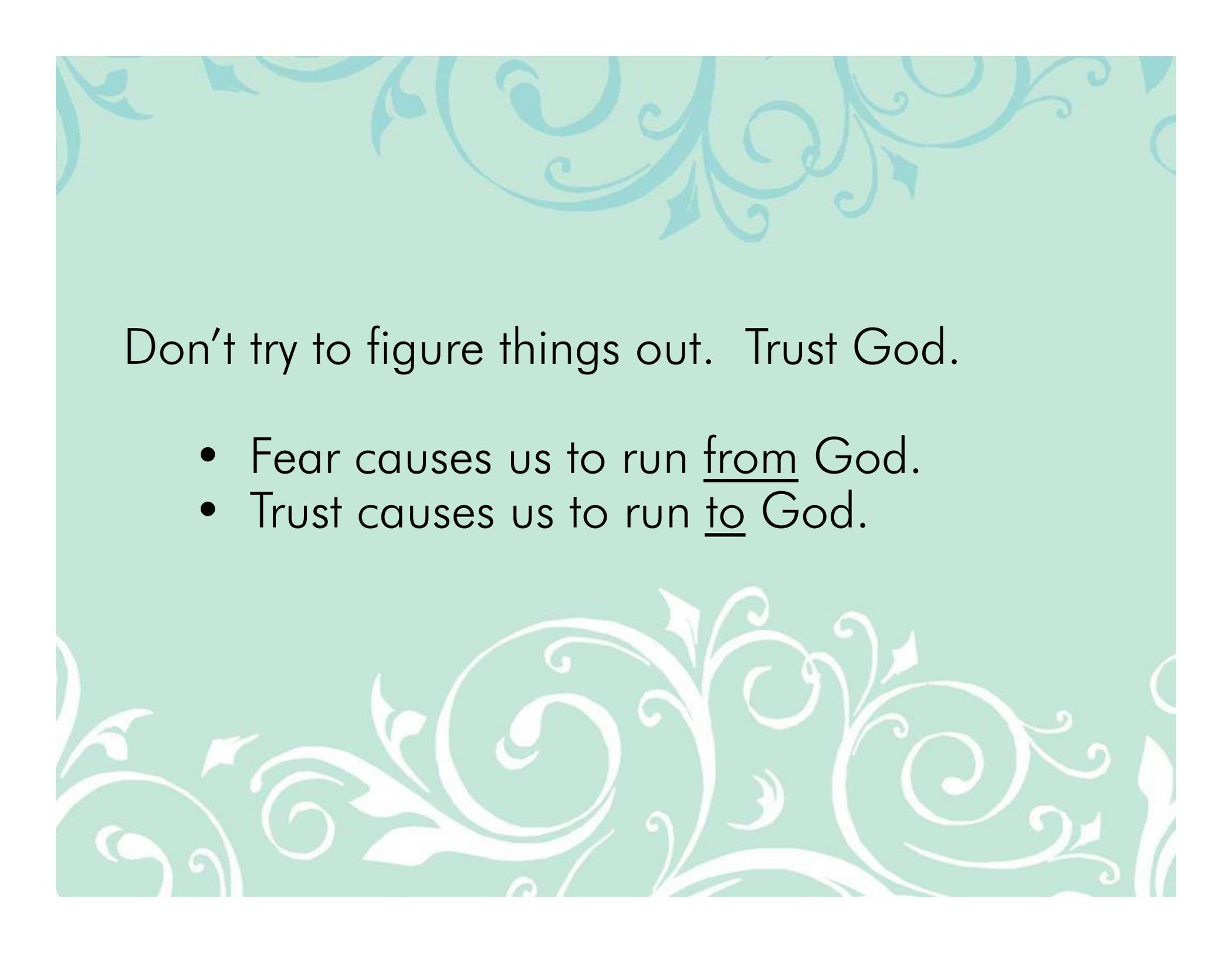


Let Scripture run around on the inside of you
until it settles down in your inner-man. – Wayne
Cordeiro (*not a direct quote*)

“Meditation takes information and turns it into
revelation.” – Joyce Meyer

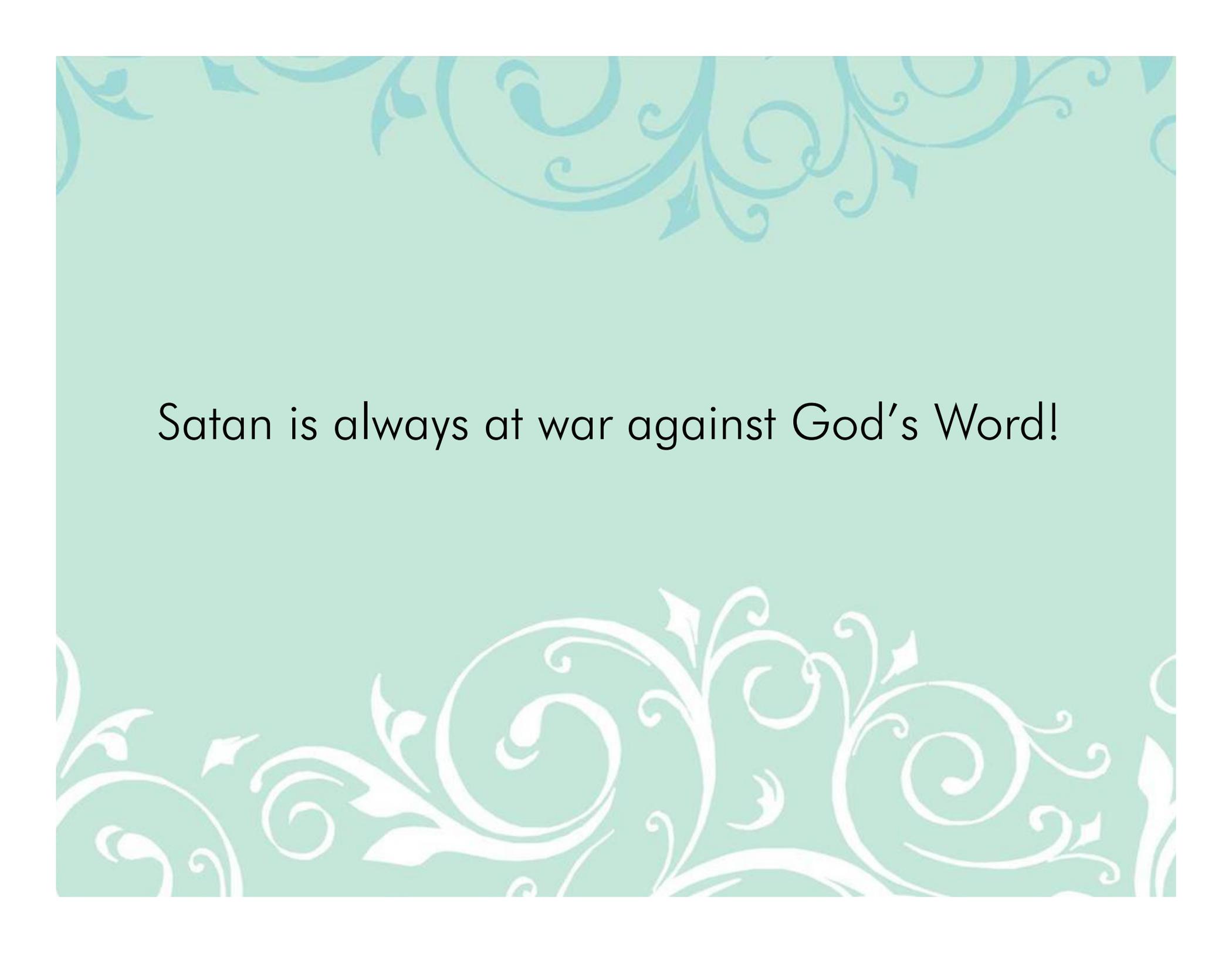


What do we do once we face the fear of our heart?

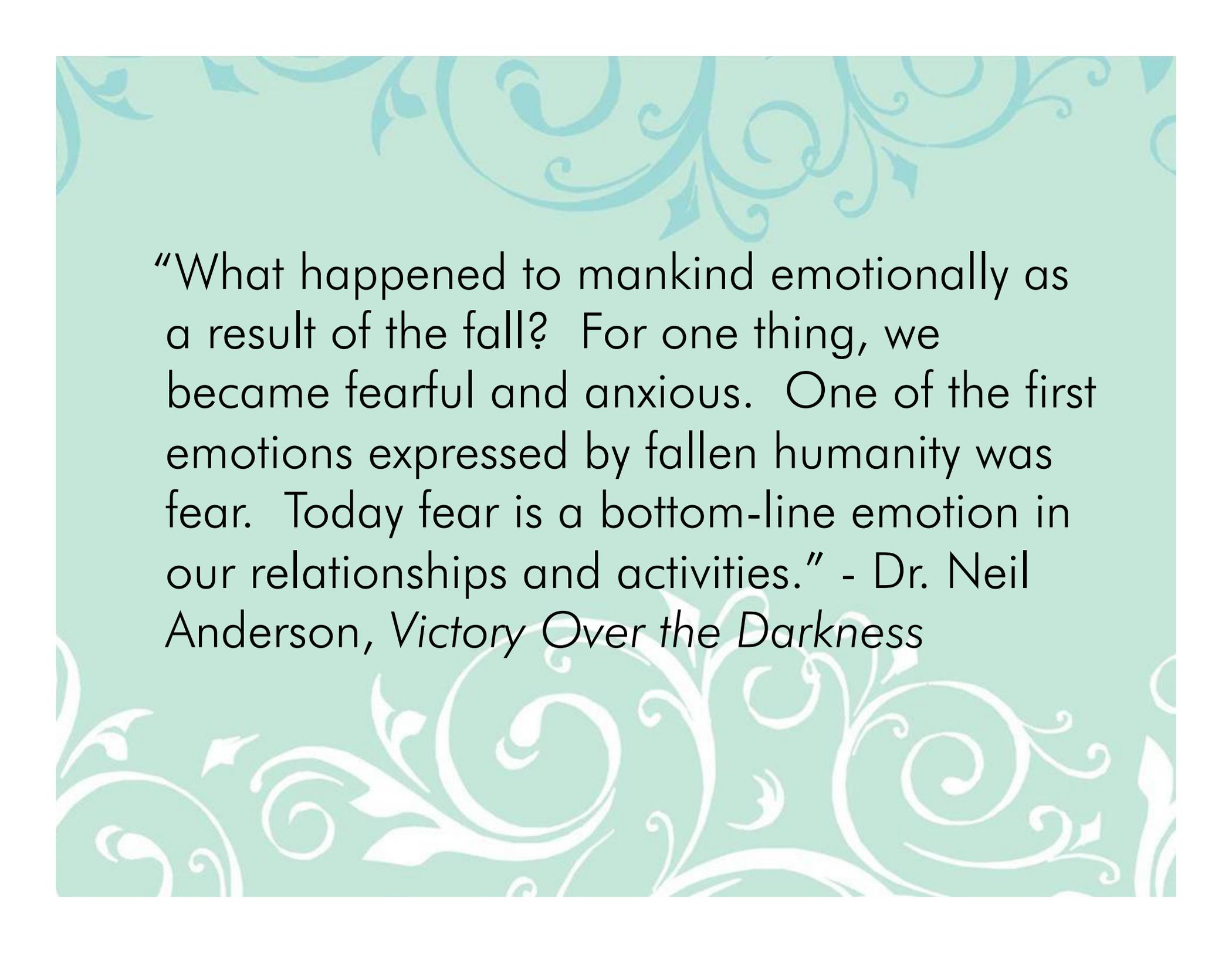


Don't try to figure things out. Trust God.

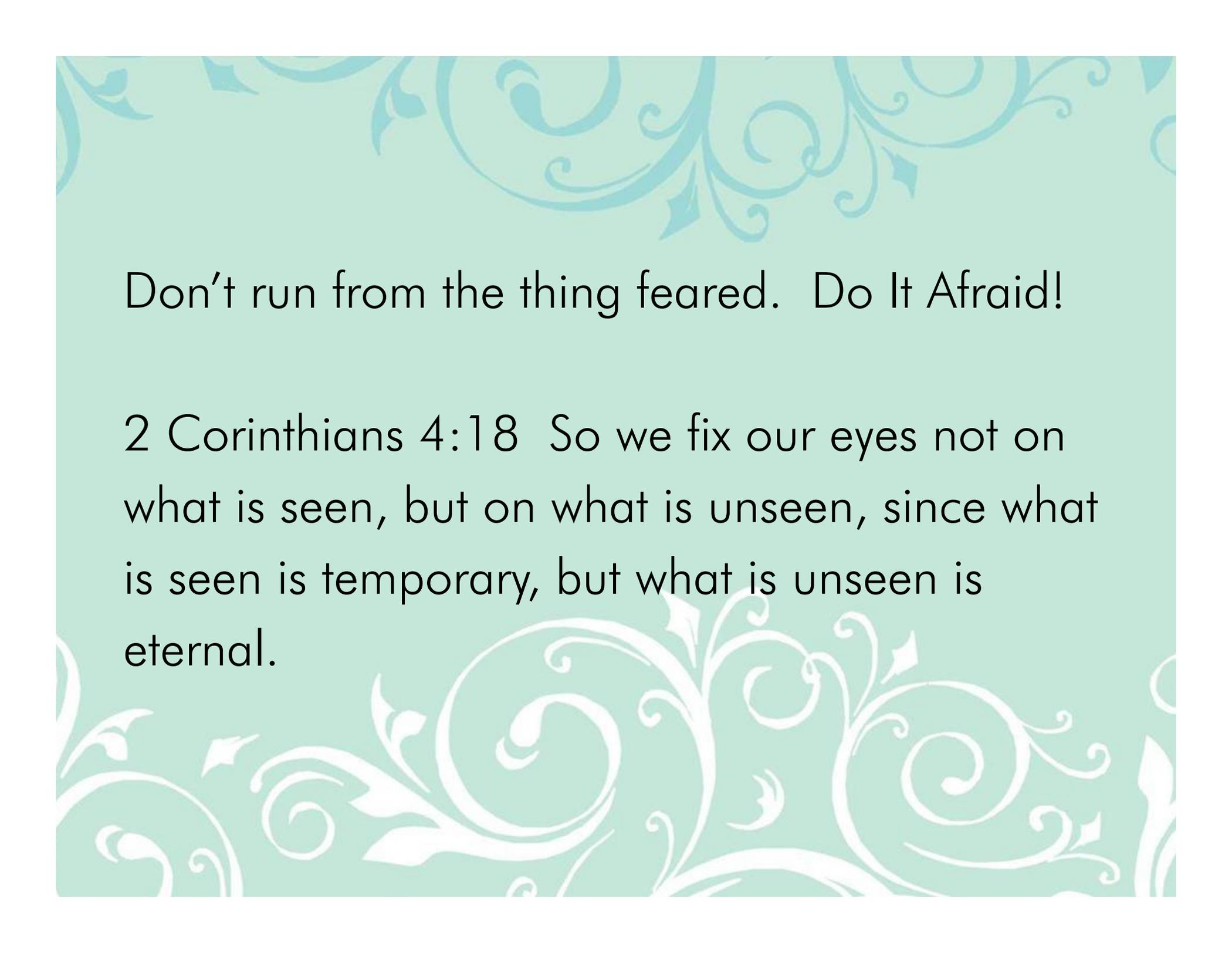
- Fear causes us to run from God.
- Trust causes us to run to God.



Satan is always at war against God's Word!

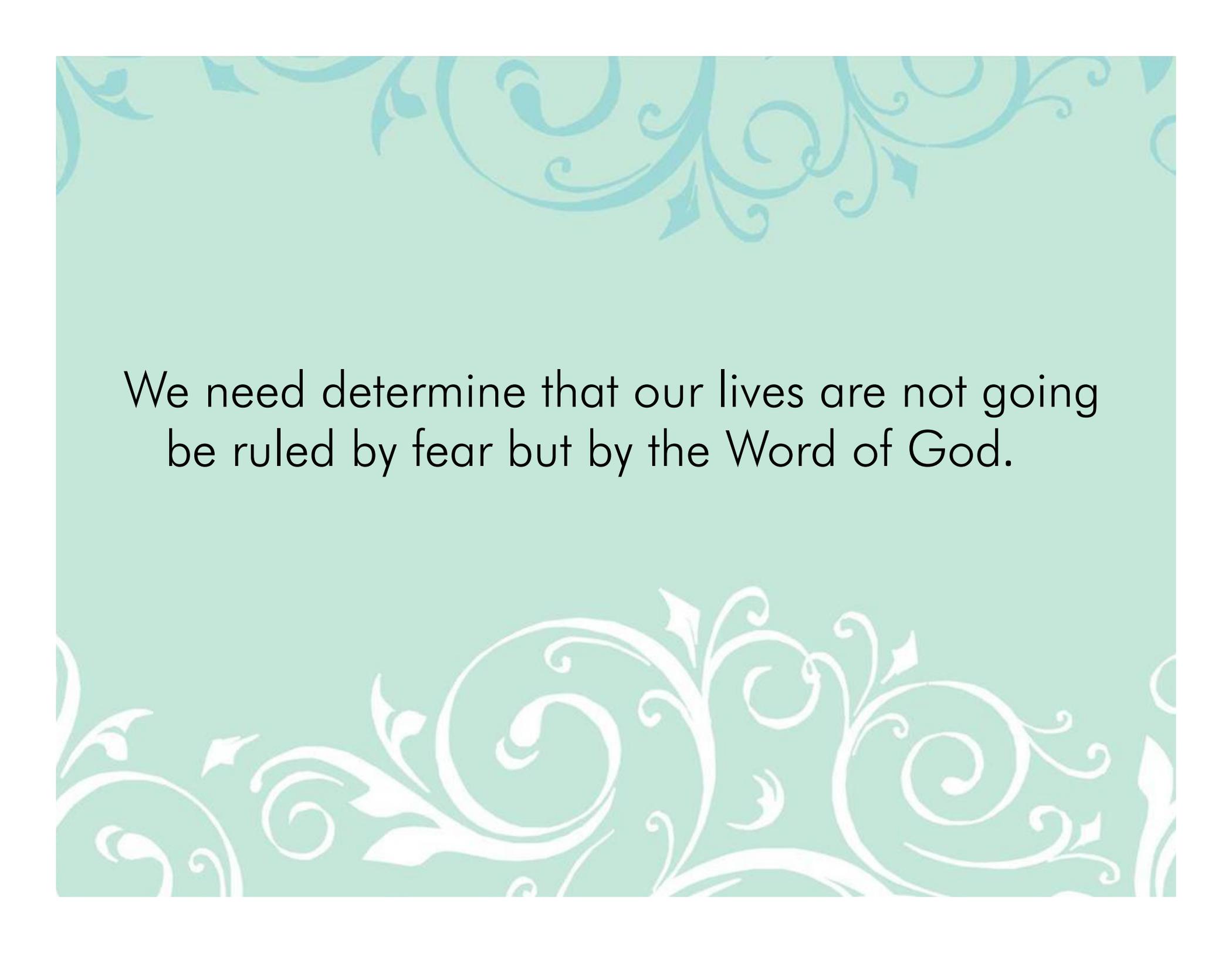


“What happened to mankind emotionally as a result of the fall? For one thing, we became fearful and anxious. One of the first emotions expressed by fallen humanity was fear. Today fear is a bottom-line emotion in our relationships and activities.” - Dr. Neil Anderson, *Victory Over the Darkness*



Don't run from the thing feared. Do It Afraid!

2 Corinthians 4:18 So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.



We need determine that our lives are not going
be ruled by fear but by the Word of God.

Oceans song

[http://www.bing.com/videos/search?
q=oceans+song+by+hillsong+with+words
+and
+live&FORM=VIRE2#view=detail&mid=0F652
E188AD3D32F9EE70F652E188AD3D32F9EE7](http://www.bing.com/videos/search?q=oceans+song+by+hillsong+with+words+and+live&FORM=VIRE2#view=detail&mid=0F652E188AD3D32F9EE70F652E188AD3D32F9EE7)

