“Beauty is less about your face and more about your smile. Less about the shape of your eyebrows and more about the light in your eyes. Less about the length of your legs and more about the bounce in your step. Real beauty is being a viable, vital human being. As you participate in your life with a warm smile and a generous spirit, you will be beautiful!” — Nicole Johnson, Fresh Brewed Life

Our Culture Shapes our Beauty-Image:

1) Our culture shapes our beauty-image by placing value on the **words of others**.

2) Our culture shapes our beauty-image by placing value on **self reasoning**.

Biblical definition of “beguile”: to deceive through false reasoning

1 **Peter 5:8 (AMP)** “Be well balanced (temperate, sober of mind), be vigilant and cautious at all times; for that enemy of yours, the devil, roams around like a lion roaring [in fierce hunger], seeking someone to seize upon and devour.”

When we agree with the world or the enemy about our beauty, one or two things will happen that keep us from balance:

- We become self-loathing and dismiss our beauty all together.
- We become obsessed with our beauty, desperately trying to live up to some standard.
3) Our culture shapes our beauty-image by placing value on **external adornment**.

[1 Peter 3:3, 4]

A quiet heart is **tranquility rising from within, causing no disturbance to others; peaceable**

“**Beauty is inherent loveliness that stirs the soul.**” — Ed Young

---

**Biblical Thinking Shapes our Beauty-Image:**

1) Biblical thinking shapes our beauty-image by placing value on **submission**.

   “**At the heart of our communion with God is the whisper, ‘As you wish.’**” — Gary Moody


2) Biblical thinking shapes our beauty-image by placing value on **worship**.

   [Mark 14:1-6]
Biblical thinking shapes our beauty-image by placing value on **humility**.

---

**Psalm 149:4 (NKJV)**

“For the LORD takes pleasure in His people; He will beautify the humble with salvation.”

**Proverbs 31:30 (NIV)**

“Charm is deceptive, and beauty is fleeting; but a woman who fears the LORD is to be praised.”

“fleeting” is like a vapor

“to be praised” is to shine with God’s favor, to flash forth light!

---

**For Further Study:**

- Psalm 45:10, 11 (Amplified Bible) “Hear, O daughter, consider, submit, and consent to my instruction: forget also your own people and your father’s house; so will the King desire your beauty; because He is your Lord, be submissive and reverence and honor Him.”
- Psalm 89:15
- Psalm 90:8
- Psalm 119:30
- Proverbs 3:5-8
- Isaiah 61:1-4
- II Corinthians 10:3-5 – read in the Amplified Bible, if able
- II Cor. 11:2,3
- Ephesians 2:10 – New Living Translation
- James 2:1-3 (Inspirational Bible) “My dear brothers and sisters, as believers in our glorious Lord Jesus Christ, never think some people are more important than others. Suppose someone comes into your church meeting wearing nice clothes and a gold ring. At the same time a poor person comes in wearing old, dirty clothes. You show special attention to the one wearing nice clothes and say, ‘Please, sit here in this good seat.’ But you say to the poor person, ‘Stand over there,’ or ‘Sit on the floor by my feet.’ What are you doing? You are making some people more important than others and with evil thoughts you are deciding that one person is better.”