Share one of two of the following:

- Something you are praying and believing God to do in 2018.
- Your word for the year, if you have one.
- How you heard about Heart-to-Heart if you’re a newcomer.

The gospel book of Luke


toil:

1 - to grow weary, tired, exhausted (with toil, burdens or grief)
2- to labor with wearisome effort

We can be doing all the right things, everything we know to do logistically and spiritually and yet, come up short, leaving us to feel empty. Soon our frustration has turned into weariness and we don’t know what to do next. We don’t know what to do to fix problem or what to do to make things better. We grow even more weary and try to do something to bring about change but often it just doesn’t work. So, we try to keep doing the right things hoping to impress God and earn his attention.

Matthew 11:28-30 (AMPC)

Come to Me, all you who labor and are heavy-laden and overburdened, and I will cause you to rest. [I will ease and relieve and refresh your souls.] Take My yoke upon you and learn of Me, for I am gentle (meek) and humble (lowly) in heart, and you will find rest (relief and ease and refreshment and recreation and blessed quiet) for your souls. For My yoke is wholesome (useful, good—not harsh, hard, sharp, or pressing, but comfortable, gracious, and pleasant), and My burden is light and easy to be borne.
in the original text is translated, “to let down” which means:

1. to loosen, slacken, relax
2. to let down from a higher place to a lower place

The word “deep” is interpreted metaphorically by most, if not all Bible scholars to mean the deep, profound things of God. And water is symbolic of God’s Word.

water: drink, river, flood, feed, stream, watered, torrent, filled, satisfied, pool, washing, overflow, soaked, drenched, satiated

Luke 5:5 (AMPC) And Simon (Peter) answered, Master, we toiled all night [exhaustingly] and caught nothing [in our nets]. But on the ground of Your word, I will lower the nets [again].

The Rhema word:

- that which is or has been uttered by the living voice
- things spoken, a word
- any sound produced by the voice and having definite meaning

Luke 5:5 (KJV) “Master, we have toiled all the night, and have taken nothing: nevertheless at thy word I will let down the net.”

Humility comes when we embrace our weariness. God values our

because only in weakness can He be strong!

“There is no question that little children are weak. The smaller they are, the weaker they are. Adults don’t like to be weak. Even when we are, we try to hide our weakness from those around us because we often see weakness as inability and inferiority. In a world system that always celebrates the Victor, weakness is often looked down upon because we associate it with failure. When I stopped doing all the good works I thought would pressure God into blessing me. I braced myself for some harsh discipline from the Lord. But to my surprise, that is when the window of heaven’s blessings poured out upon us. I became confused. You see when I was doing all the right things in hopes that God would bless me, things got worse. But when I was at
my lowest point completely weak and discouraged, I was rescued. One day in prayer, I told the Lord that I didn’t deserve all of his blessings and he wholeheartedly agreed with me. Then I heard him say, “You’ve just experienced my grace.” – Barry Adams, *The Kingdom Belongs to The Little Children*

**Further Study:**

1. Read Luke chapters 1-5.

2. Write out a scripture below for this season of your life. Meditate on it regularly letting Jesus use it to call you out into the deep where you will come to know and understand Him in greater measure.

3. Read Chapter 16 in Barry Adam's book, "Little Children are Weak"