Welcome to Heart-to-Heart!
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God’s Blueprint
for Living in Truth: “I’m Fine!”
and Other Lies We Tell In Church
• God values TRUTH; His name and character is truth.
• Jesus said that He is “the TRUTH” (John 14:6)
• Biblical thinkers walk and speak and live in TRUTH.
“You belong to your father, the devil, and you want to carry out your father’s desires. He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.”

John 8:44
“Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

Ephesians 6:10-18
Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place,\textsuperscript{15} and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, \textit{which is the word of God}. And pray in the Spirit on all occasions …"
For the Word that God speaks is alive and full of power [making it active, operative, energizing, and effective]; it is sharper than any two-edged sword, penetrating to the dividing line of the breath of life (soul) and [the immortal] spirit, and of joints and marrow [of the deepest parts of our nature], exposing and sifting and analyzing and judging the very thoughts and purposes of the heart.”

Hebrews 4:12 (AMP)
External: the enemy of our soul

Internal: the brokenness of our soul
1. **Condemnation**  
Romans 7:21-8:2  

No Condemnation Exercise (to be said in a mirror at home):  

“There is no condemnation for _______________ in Christ Jesus.”
2. **Perfection**

Perfection Syndrome:

- Patterns of behavior that seek to *be* perfect
- Patterns of behavior that seek to *appear* perfect
- Patterns of behavior that seek to *prove one’s worth*
Definition of Religion:

God is out there somewhere and I have to do certain things (or not do certain things) to get Him to love and approve of me.
3. **Comparison**

“Fear of man will prove be snare (bait, lure), but whoever trusts in the Lord is safe (too high for capture).”

“Proverbs 29:25"
https://www.youtube.com/watch?v=RKnBcCdnXyg
(Voice of Truth by Casting Crowns)
Teaching Children to Be Honest:

• Don’t laugh when they lie, passing it off as cute.
• Don’t over-react when they lie, passing it off as unpardonable.
• Don’t severely punish them when they lie, passing it off as shameful.
If your child lies often, ask yourself, “What are they afraid of?”
GOAL:
Create an environment in your home and in your relationship with your kids where there is no need for secrets because everyone feels safe being truthful.