Welcome to Heart-to-Heart!
God’s Blueprint for Letting Go:
A Woman’s Tendency to Control

Week 2 | 02.02.15 (PM) | 02.04.15 (AM)
“Feelings are indicators, not dictators. They can indicate where your heart is in the moment, but that doesn't mean they have the right to dictate your behavior and boss you around. You are more than the sum total of your feelings and perfectly capable of that little gift . . . called self-control.” — Lysa Terkeurst, *Unglued*
James 4:6-10
We will never ever be able to overcome our tendency to control people or situations until we seek humility before God and man, particularity as it relates to how we treat others.
Control is a partner with fear and/or pride, none of which are part of God’s best for you!
Genesis 3:16b “… her desire will be for her husband …”

Desire = to compel, urge, try to control

NET (New English Translation) “… you will want to control your husband …”
“This passage is a judgment oracle. It announces that conflict between man and woman will become the norm in human society. It does not depict the NT ideal, where the husband sacrificially loves his wife, as Christ loved the church, and where the wife recognizes the husband’s loving leadership in the family and voluntarily submits to it. Sin produces a conflict or power struggle between the man and the woman, but in Christ man and woman call a truce and live harmoniously.”
Exodus 14:26-31
Exodus 15: 22-27
Marah: bitterness
How can you say to your brother, ‘Brother, let me take the speck out of your eye,’ when you yourself fail to see the plank in your own eye? You hypocrite, first take the plank out of your eye, and then you will see clearly to remove the speck from your brother’s eye.

Luke 6:42
Blame is a manifestation of control.
Exodus 15:25, 27

Throw: to throw out, cast down or away
Elim was a lush place!

- 12 springs of fresh water
- 70 palm trees full of dates
Feeling in control is an illusion.
ANGRY that someone is not meeting my personal expectations!

DEFENSIVE about what others do or say because they are not the way I would do or say it!
“NO ONE owes me anything.”
Repeat after me ...
https://www.youtube.com/watch?v=okmxFDMYuEQ