Welcome to Heart-to-Heart!
Seven Habits of a Woman’s Heart;
God’s Blueprint for Influencing the Next Generation

Week 1 | 01.19.15 (PM) | 01.21.15 (AM)
FLOOD
THE VALLEY
6:00pm February 8 // Calvary 1250
“Praise the Lord! (Hallelujah!) Blessed (happy, fortunate, to be envied) is the woman who fears (reveres and worships) the Lord, who delights greatly in His commandments. Her [spiritual] offspring shall be mighty upon earth; the generation of the upright shall be blessed.”

Psalm 112:1-2 (Amplified)
I Samuel 1:6-20

vex: to irritate, annoy, provoke, torment, trouble, distress, plague, worry
Seven Intentional Habits of a Righteous Woman’s Heart
1. She develops the habit of seeking the Lord.

Verse 32 seek: to crave or long for, mostly of evil desires

Verse 33 seek: to seek by thinking; to covet earnestly
Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.”

Matthew 6:33 (NLT)
2. She habitually rules her own spirit.
What is out-of-control or unrestrained within you?

- Your mouth?
- Over reacting?
- Feeling entitled?
- Paying others back; getting even?
3. She’s in the habit of being generous. Hannah gave son over to Lord.
Developmental Individuating:

- Launching out
- Becoming own person
- Growing independent
- Disconnection
- Leaving the nest
- Becoming free moral agent
4. She makes it a habit to choose humility over offense.
https://www.youtube.com/watch?v=hcYFAIGkwAU
5. She habitually tells the next generation about the Lord.
6. She develops the habit of praying fervently.
Confess to one another therefore your faults (your slips, your false steps, your offenses, your sins) and pray [also] for one another, that you may be healed and restored [to a spiritual tone of mind and heart]. The earnest (heartfelt, continued) prayer of a righteous woman makes tremendous power available [dynamic in its working].

James 5:16 (AMP)
7. She is in the habit of being bold in her faith.

“Boldness in the course of a noble fight is worth the risk. If you stand on truth, you’ll only regret your timidity later, but you’ll never regret being bold.”
I Samuel 2:18-21
Write one of the seven habits down that you are committing to God in 2015.
https://www.youtube.com/watch?v=WSfx3I46Bx0