The Israelites as Mentors: An Introduction

Exodus 1:6-14

“Exodus is a picture book of God’s redemptive character; of His desire to set free those who were enslaved by and stuck in sin and bondage.” – Pastor Jon Courson

Get Out of That Pit; Straight Talk About God’s Deliverance by Beth Moore

INDEX CARD

- What pit do you find yourself in as we start this semester?
- What is the place (pit) that you so easily fall into and have such a hard time getting out of?
- Where would you say that you’re stuck in life and desperate to be delivered?
- What place (pit) has become a cruel and severe task master in your life?

Theme Verse for this semester:
Exodus 3:7-8a (AMP) The LORD said, “I have in fact seen the affliction (suffering, desolation) of My people who are in Egypt, and have heard their cry because of their taskmasters (oppressors); for I know their pain and suffering. So I have come down to rescue them from the hand (power) of the Egyptians, and to bring them up from that land to a land [that is] good and spacious, to a land flowing with milk and honey [a land of plenty] ...”

mentor /ˈmenˌtôr, ˈmɛnˌtər/

noun

1. an experienced and trusted adviser.

verb

1. advise or train (someone, especially a younger colleague).
MIRROR MOMENTS

A “type” in the Old Testament is like a foreshadowing of something in the New Testament. For Example Jonah was a “type” of Jesus Christ.

Egypt and Canaan are both Old Testament types. Egypt is a type of sin or man’s fleshly nature.

Canaan is a type of God’s abundance and blessing.

Numbers 13:25-14:9

Hebrews 3:12-19

- We can live an abundant life; John 10:10
- We can have a Spirit-filled mind that leads to life and peace; Romans 8:6

INDEX CARD
Do you find fear and doubt wrapped around you in the pit you’re in?
Further Stud:

1. Read the Preface in *The Red Sea Rules*

2. Read Genesis 37-50 and the book of Exodus in a Living Bible or The Message translation. Both can be found at [www.biblegateway.com](http://www.biblegateway.com)

3. Read and meditate on our theme verse: Exodus 3:7-8a (AMP)

   The Lord said, “I have in fact seen the affliction (suffering, desolation) of My people who are in Egypt, and have heard their cry because of their taskmasters (oppressors); for I know their pain and suffering. So I have come down to rescue them from the hand (power) of the Egyptians, and to bring them up from that land to a land [that is] good and spacious, to a land flowing with milk and honey [a land of plenty] ...”

4. Rewrite the theme verse, personalize it particularly as it relates to your pit, area of bondage from which you need to be delivered.

5. Read Hebrews 3:7-19 and all of Hebrews 4 followed by reading the included Commentary by Jon Courson.

6. Write about a Mirror Moment from the Hebrew verses. What will you apply to your life in regard to that Mirror Moment?