“Sometimes we stand to learn the most about God from the situations we understand the least.” – Beth Moore

Index Card: Write about the storm that is tossing your soul around right now. Include where you are on a storm scale of 1-10.

1 ----------------------------------------------- 10

Mark 4:35-40
Write and/or share one insight from this gospel account.

CEV (Contemporary Version of the Bible)

35 That evening, Jesus said to his disciples, “Let’s cross to the east side.” 36 So they left the crowd, and his disciples started across the lake with him in the boat. Some other boats followed along. 37 Suddenly a windstorm struck the lake. Waves started splashing into the boat, and it was about to sink. 38 Jesus was in the back of the boat with his head on a pillow, and he was asleep. His disciples woke him and said, “Teacher, don’t you care that we’re about to drown?” 39 Jesus got up and ordered the wind and the waves to be quiet. The wind stopped, and everything was calm. 40 Jesus asked his disciples, “Why were you afraid? Don’t you have any faith?”

God is good and God is in control.

When you find yourself in a storm with little to no faith and a heart full of fear, it’s your signal to “get” with God:

1 – GET totally honest with God about God.
   [Psalm 62:5-8]

2 – GET your feelings out before God.
   [Lamentations 3:19-26]

3 – GET in the Psalms and read until you find something to declare about God.
   [Psalm 119:25-56]
In the storm, ask: __________________________________________

Zephaniah 3:17
Romans 8:28

Index Card: Write what you’re hearing in the storm; the “What if’s?”

John 14:27
Philippians 4:6-7
Further Study:

1. Matthew 14:22-32 and John 6:16-21 each tell of two different times when Jesus and his disciples found themselves on a stormy sea. Read, reflect and put yourself in each story. Where (who) are you and where is Jesus? How does Jesus change the storm; the one in Scripture and the one in you?

2. Write out who JESUS is in each passage and what that means to you personally, especially as that truth about Him relates to the storm you find yourself in right now.

   Isaiah 9:6
   Matthew 11:28-30
   Matthew 28:18
   John 1:1
   John 6:5
   John 7:37-38
   John 8:12
   John 10:7
   John 10:9
   John 10:11
   John 14:6
   John 15:1
   1 Corinthians 1:16-17
   1 Corinthians 10:4
   Ephesians 2:14
   1 Timothy 1:1
   1 Timothy 2:5
   Hebrews 4:14
   1 John 2:1
   1 John 4:10