Teach us to use wisely all the time we have ... when morning comes, let your love satisfy all our needs. Then we can celebrate and be glad for what time we have left. 
Psalm 90:12, 14 (CEV)

A satisfied heart: 

Biblical hope is __________________________________________________

“Hope is the atmosphere that faith can grow in. Hope will attract the promises of God.”
- Bill Johnson

Romans 12:9-21

Forgiveness:
• to excuse a fault
• to pardon
• to absolve payment

Unforgiveness:
• to refuse to excuse a fault
• to hold hostage
• to demand payment

“No one heals themselves by wounding another.” – Joyce Meyer

Reflective Bible Reading: Matthew 18:21-35
Jot down your reflections below.
“Most of the ground that Satan gains in the lives of Christians is due to unforgiveness.”
Anonymous

Time of Reflection
There is no song this week, instead do the following while the music plays:

Pick the statement that you most identify with? Do what it instructs you to following the statement.

"I’m ready to settle my accounts with him/her."
Take your index card to the table and tear it up as an act of your heart forgiveness and letting go of the debt that person owes you. As you do, say quietly, “________________, I forgive you.”

"I’m ready to forgive him/her."
Take your index card to the table and lay it down (upside down) as an act of you taking the first step toward heart forgiveness. As you do, say quietly, “________________, I forgive you.”

"I want to forgive him/her but I’m not there yet."
Take your index card to one of the pray-ers and let them pray over you in regard to your need for heart forgiveness.

"I know I have accounts with him/her but that acknowledgement is as far as I can go right now."
Take your index card to one of the pray-ers and let them pray over you in regard to your accounts.
Further Study:

Read the following passages. Journal and reflect on what Jesus said in each one about forgiveness. Apply at least one verse to a personal relationship by rewriting the verse, inserting your name and the name of the person you need to forgive, as it applies.

- Matthew 5:43-48
- Matthew 6:9-13
- Luke 7:36-50
- Ephesians 4:17-32
- Colossians 3:12-17