Welcome to Heart-to-Heart!
Gods Blueprint For Courage in Family Life and Beyond

Week 6 | 11.17.14 (PM) | 11.19.14 (AM)
If you knew on the exact day that you would take your final breath, what would you leave as a parting gift for those you love the most?
Peace I leave with you; My [own] peace I now give and bequeath to you. Not as the world gives do I give to you. Do not let your hearts be troubled, neither let them be afraid. [Stop allowing yourselves to be agitated and disturbed; and do not permit yourselves to be fearful and intimidated and cowardly and unsettled.]

John 14:27 (AMP)
“I’m telling you these things while I’m still living with you. The Friend, the Holy Spirit whom the Father will send at my request, will make everything plain to you. He will remind you of all the things I have told you. I’m leaving you well and whole. That’s my parting gift to you. Peace. I don’t leave you the way you’re used to being left—feeling abandoned, bereft. So don’t be upset. Don’t be distraught.

John 14:27 (Message)
The Hebrew word for peace is shalom: completeness, soundness, welfare, to be at peace
FEAR is one of most controlling emotions within us. It can cause us to:

- Over-react ... overeat, oversleep, overspend, overwork, over-medicate, over-analyze, etc.
- Lie
- Cheat
- Murder
- Become Addicted
- Live in Denial
- Avoid Conflict
- Stay in Unhealthy Relationships
- ... and more ...
• Adam’s wife, Eve
• The Friend of God, Abraham
• The Disciple of Jesus, Peter
• The Rich Young Ruler
After the death of Moses the servant of the Lord, the Lord said to Joshua son of Nun, Moses’ aide:  

2 “Moses my servant is dead. Now then, you and all these people, get ready to cross the Jordan River into the land I am about to give to them—to the Israelites.  

3 I will give you every place where you set your foot, as I promised Moses.  

4 Your territory will extend from the desert to Lebanon, and from the great river, the Euphrates—all the Hittite country—to the Mediterranean Sea in the west.  

5 No one will be able to stand against you all the days of your life. As I was with Moses, so I will be with you; I will never leave you nor forsake you.  

6 Be strong and courageous, because you will lead these people to inherit the land I swore to their ancestors to give them.  

7 “Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go.  

8 Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.  

9 Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.”

Joshua 1:1-9 NIV
Courage isn’t life without fear.
Courage is doing the right thing afraid.
How to move your heart and mind away from fear to faith and courage:

1. Watch the confessions of your mouth.
2. Program the meditations of your heart and mind.
3. Choose prayer over worry more often than not.
Mary, the mother of Jesus, is our example in keeping a mother’s heart of faith and courage.
Luke 1:28-38
[on handout]
Then Mary said, “Behold the maidservant of the Lord! Let it be to me according to your word.”

Luke 1:38 (NKJV)
Mary surrendered her mother’s heart to the Lord, even when she was afraid.
But when she saw him, she was troubled at his saying, and considered what manner of greeting this was.
Mary’s took to heart the words that the Lord spoke to her even when she didn’t understand.
Luke 1:45 Blessed is she who believed, for there will be a fulfillment of those things which were told her from the Lord.”

(KJV)“…. There shall be a performance of those things which were told her.”
Two Greek words in the Word of God, for “word” are: logos and rhema
Logos literally means: an expression of thought

Logos is the Bible.
Logos is the Person of Jesus Christ

1 John 5:7 (KJV) For there are three that bear witness in heaven: the Father, the Word, and the Holy Spirit; and these three are one.
Rhema literally means: utterance

John 1:1 In the beginning was the logos and the logos was with God and the logos was God.

John 15:7 “If you abide in Me, and my rhema(s) abide in you, you shall ask anything in my name, and it shall be given to you.”
Two vital things we need to know about the rhema word of God:

1. Rhema is a *personal word* spoken to our spirit, not necessarily to our mind.

2. Rhema will *never contradict* the logos word of God (the Bible).
Hebrews 4:12 (AMP) “For the Word that God speaks is alive and full of power [making it active, operative, energizing, and effective]; it is sharper than any two-edged sword, penetrating to the dividing line of the breath of life (soul) and [the immortal] spirit, and of joints and marrow [of the deepest parts of our nature], exposing and sifting and analyzing and judging the very thoughts and purposes of the heart.”
A parent instills and develops courage in their children by:

- Modeling it!
- Talking about it!
- Doing it!