



Heart-to-Heart

ARMOR UP!

PART 2: DRESSING FOR BATTLE ON THE HOME FRONT

Week 3 | Oct. 29 (PM) | Oct. 31 (AM) | 2012

Religion is man's effort to *earn* salvation or favor with God.

EPHESIANS 6:10-18

1. BELT OF TRUTH—truth holds the armor in place when in battle

2. BREASTPLATE OF RIGHTEOUSNESS—protects _____

I JOHN 1:9

JAMES 5:16 (AMB) "Confess to one another therefore your faults (your slips, your false steps, your offenses, your sins) and pray [also] for one another, that you may be healed and restored [to a spiritual tone of mind and heart]. The earnest (heartfelt, continued) prayer of a righteous man makes tremendous power available [dynamic in its working]."

JEREMIAH 1:5 (Amplified Bible)

ISAIAH 61:10

Being established in righteousness will PROTECT our hearts from ACCUSATION. Often, the enemy's battle plan is simply to hurt our heart.

EVERY time we get heart hurt, we struggle with

- Doubting God's goodness
- Being discouraged by what we see
- Feeling defeated as a believer

We protect our heart by guarding what words _____ our mouth.

We protect our heart by guarding what words _____ our mind.

The main ways the devil accuses us:

- through our longings
- through God's law
- through his lies

3. GOSPEL OF PEACE —protects _____

EPHESIANS 4:27

Living in the gospel of peace means that we accept that

- God is sovereign; in control. Romans 8:28
- God's peace is not natural, it's supernatural. Philippians 4:7

4. SHIELD OF FAITH —protects _____

HEBREWS 11:1 “Now faith is being sure of what we hope for and certain of what we do not see.”
IN THE AMPLIFIED BIBLE: “... faith (is) perceiving as real fact what is not revealed to the senses.”

Faith is not trying to believe hard enough. Faith is opening our eyes to see what God is doing in me and around me that is invisible and eternal and trusting Him with that!

Romans 10:17

The shield of faith extinguishes the fiery darts of the evil one!

“fiery darts”

- small pieces of sugar cane filled with flammable materials and set on fire
- literal darts with flammable material wrapped around them and set on fire

5. HELMET OF SALVATION —protects _____

Remind yourself often of your salvation—past, present and future.

- **Rejoice in your salvation;** you have been saved from the penalty of sin and death, and made alive to God!
Romans 5:1; Romans 8:1-2, 32-33; Ephesians 2:8-9
- **Encourage yourself with your salvation;** the promise that the Lord is changing you, for the better! You are presently being saved and transformed from your old, undegenerated self to a new self.
II Corinthians 3:18; Ephesians 4:22-24; Philippians 1:6
- **Remind yourself often of your promised future**—heaven because of your salvation by faith in Jesus Christ! You will be saved from eternity without God!
Romans 8:23-24; Colossians 3:13; Revelation 21

6. SWORD OF SPIRIT (Word of God) —protects _____

Hebrews 4:12 (AMP) "For the Word that God speaks is alive and full of power [making it active, operative, energizing, and effective]; it is sharper than any two-edged sword, penetrating to the dividing line of the breath of life (soul) and [the immortal] spirit, and of joints and marrow [of the deepest parts of our nature], exposing and sifting and analyzing and judging the very thoughts and purposes of the heart."

7. PRAYER —protects us from _____ and keeps us alert to the enemy's schemes!

"No matter how complete the armor; no matter how skilled we may be in the science of war; no matter how courageous we may be, we can be certain that without prayer we shall be defeated. God alone can give the victory; and when the Christian soldier goes forth armed completely for the spiritual conflict, if he looks to God by prayer, he may be sure of a triumph." – A Bible Scholar

ROMANS 8:26 -27 "... the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will."

English and Greek "groan" both mean: a sound like a sigh; a sound that comes from deep within

But the Greek adds: _____

For Further Study

Choose one "piece" of the armor and use your concordance to do a word study: truth, righteousness, peace, faith, salvation, Word of God, prayer, Holy Spirit