heart-to-heart

Do Your Words Spread Light or Darkness?
The weight of your words in the life of your family and beyond

Week 3  |  11.02.11 (AM)  |  11.07.11 (PM)

“...I have set before you LIFE and DEATH, the blessings and curses; therefore choose life, that you and your descendants may live!”

Deuteronomy 30:19

Psalm 119:130 (Amplified Bible)
The entrance and unfolding of Your words give light; their unfolding gives understanding (discernment and comprehension) to the simple.

Proverbs 18:21 (NKJV)
“Death and life are in the power of the tongue, and those who love it will eat its fruit.

Our words contain power and they will help light the way for others or push them into darkness.

The Weight of Complaining

John 6:34 (KJV) Jesus said, “Murmur not among yourselves.”

“Murmur” = ______________________________________________________________________

Philippians 2:14 “Do EVERYTHING without complaining or arguing.”

Cure for complaining: ______________________________________________________________________
The Weight of Angry Words

JAMES 1:19-21

LAMENTATIONS 3:23 “… His mercies are new every morning.”

I JOHN 4:16 “God is love.”

I CORINTHIANS 13:4-8

YOUR CHILDREN ARE LEARNING ABOUT THE CHARACTER OF GOD FROM YOU, AND YOUR RESPONSES TO THEM.

Two simple habits that will help you, as mom, to promote the positive and keep anger at bay:

● The Morning Blessing

● The Bedtime Ritual
The Weight of Selfish Words

Philippians 2:3-8

The problem and solution is not in our mouth.

It’s in our ______________________.

Matthew 12:34 (Amplified) “For out of the fullness (the overflow) of the heart, the mouth speaks.”

Romans 12:1 “…be transformed (changed) by the renewing of your mind.”

How do you renew your mind? ________________________________

For Further Study:
- Psalm 12:6
- Psalm 17:3
- Psalm 19:14
- Psalm 141:3
- Proverbs 10:11, 19, 31
- Proverbs 16:23
- Matthew 12:35, 36
- Ephesians 4:29