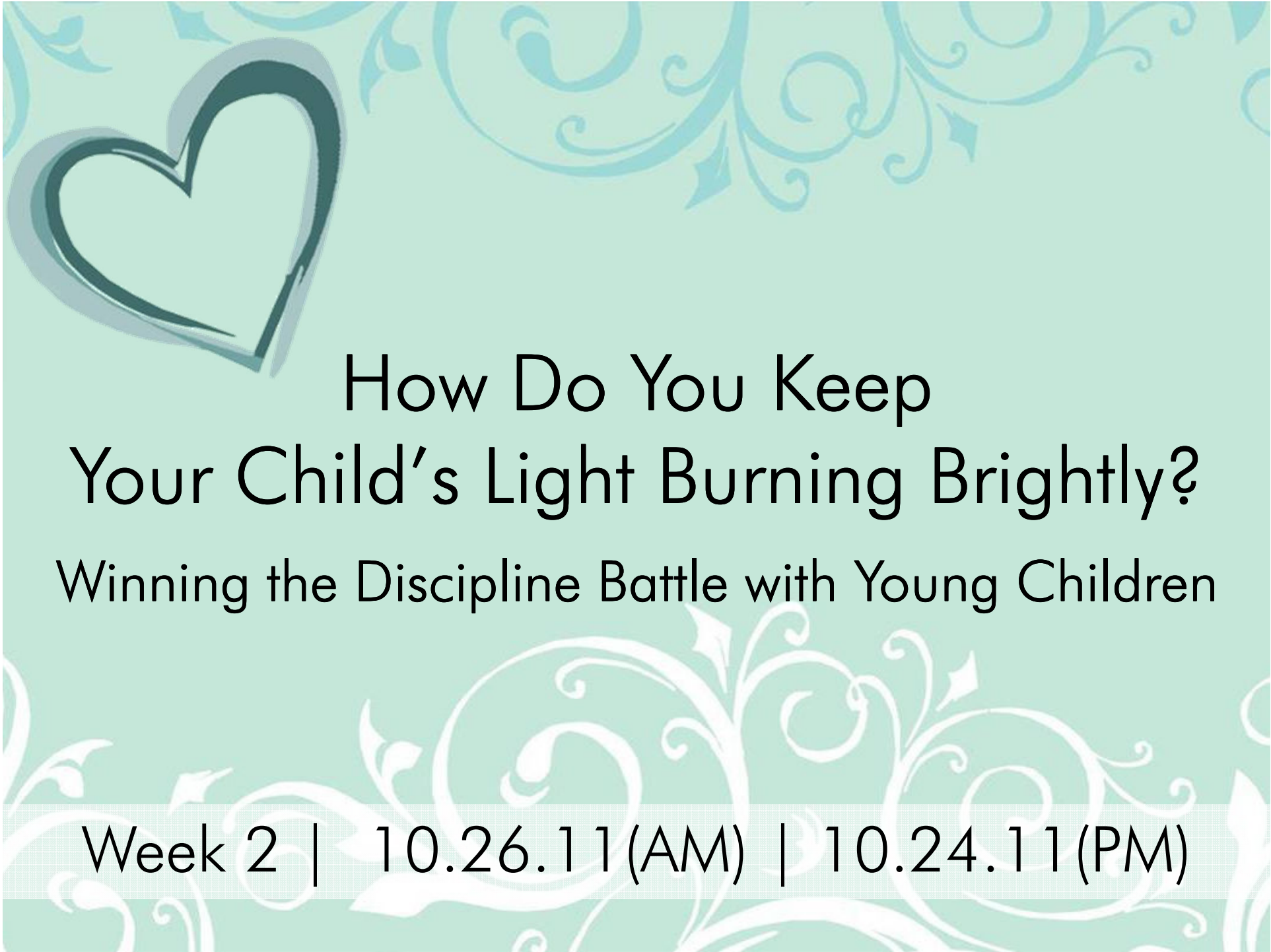




Welcome to  
Heart-to-Heart!



# How Do You Keep Your Child's Light Burning Brightly?

Winning the Discipline Battle with Young Children

Week 2 | 10.26.11 (AM) | 10.24.11 (PM)

How to Make Your Children Mind Without Losing Yours

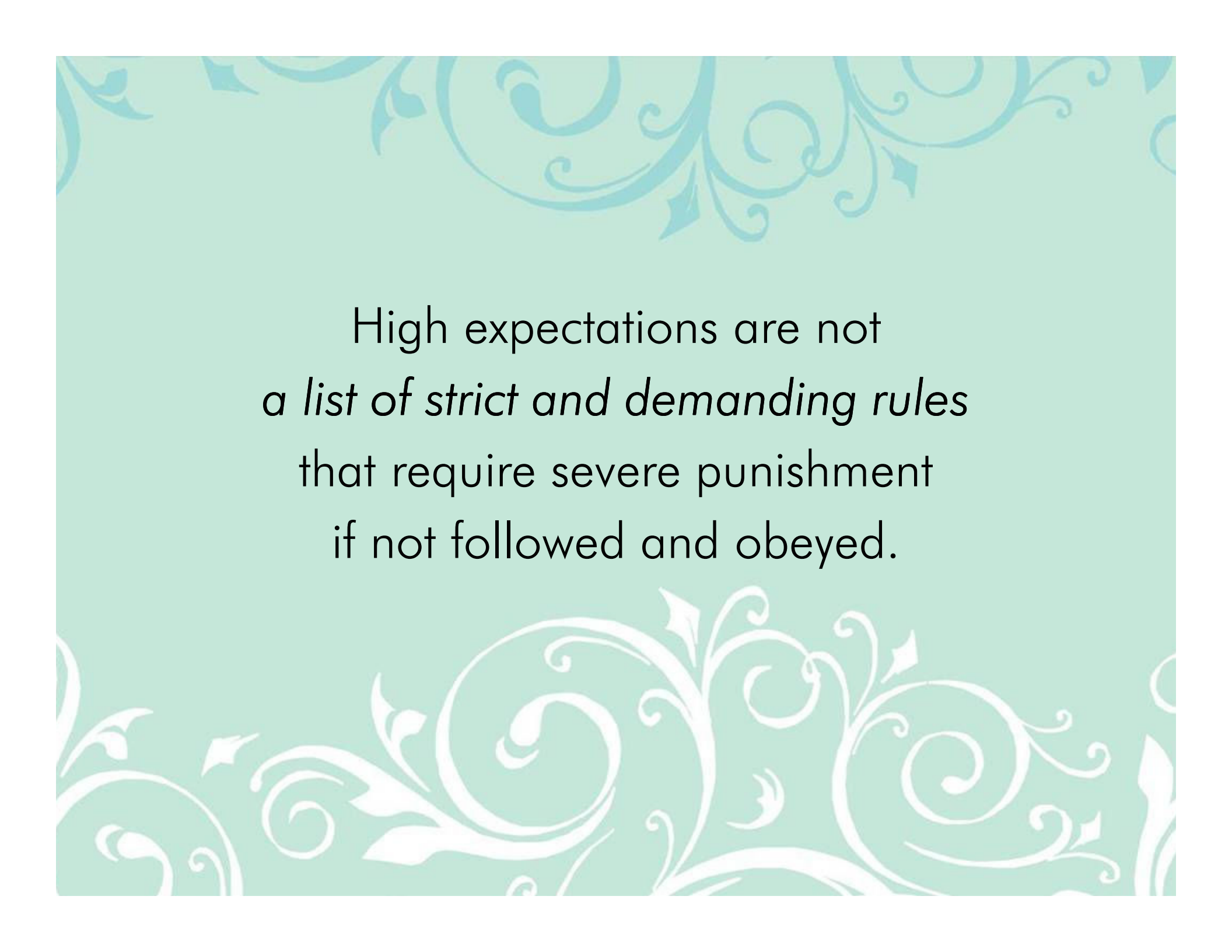
(Dr. Kevin Leman)

Grace-based Parenting

(Dr. Tim Kimmel)

How to Really Parent Your Child

(Dr. Ross Campbell)



High expectations are not  
*a list of strict and demanding rules*  
that require severe punishment  
if not followed and obeyed.



That's legalism: a stringent list of rules that do not necessarily display a *right heart attitude*.

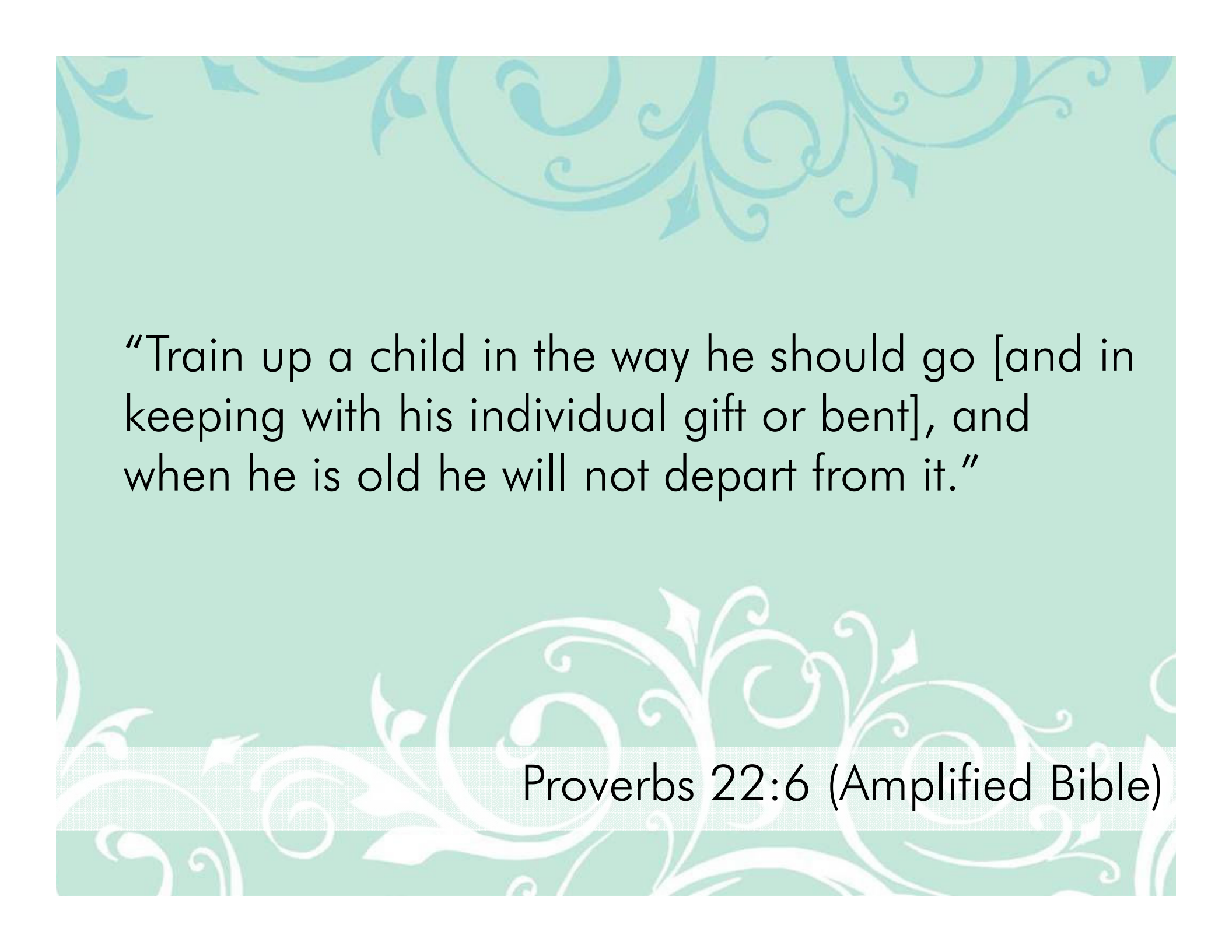
## Five Guidelines for Discipline:

- **KNOW** what you expect
- **SAY** what you expect
- **INSPECT** what you expect
- **GET** what you expect
- **BE CONSISTENT** with what you expect



Consistent expectations and boundaries  
breeds security!

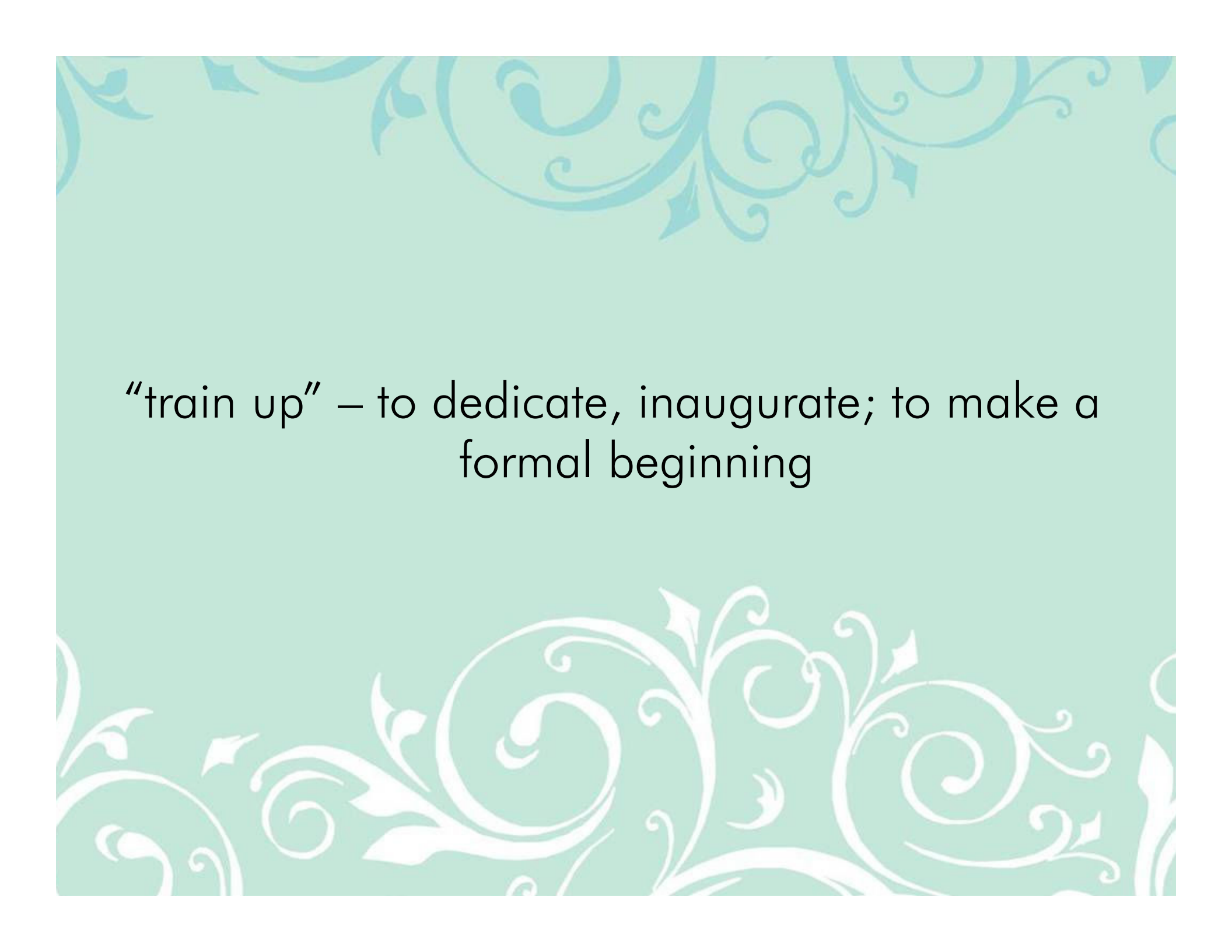
Constantly hanging expectations and boundaries  
breeds insecurity!



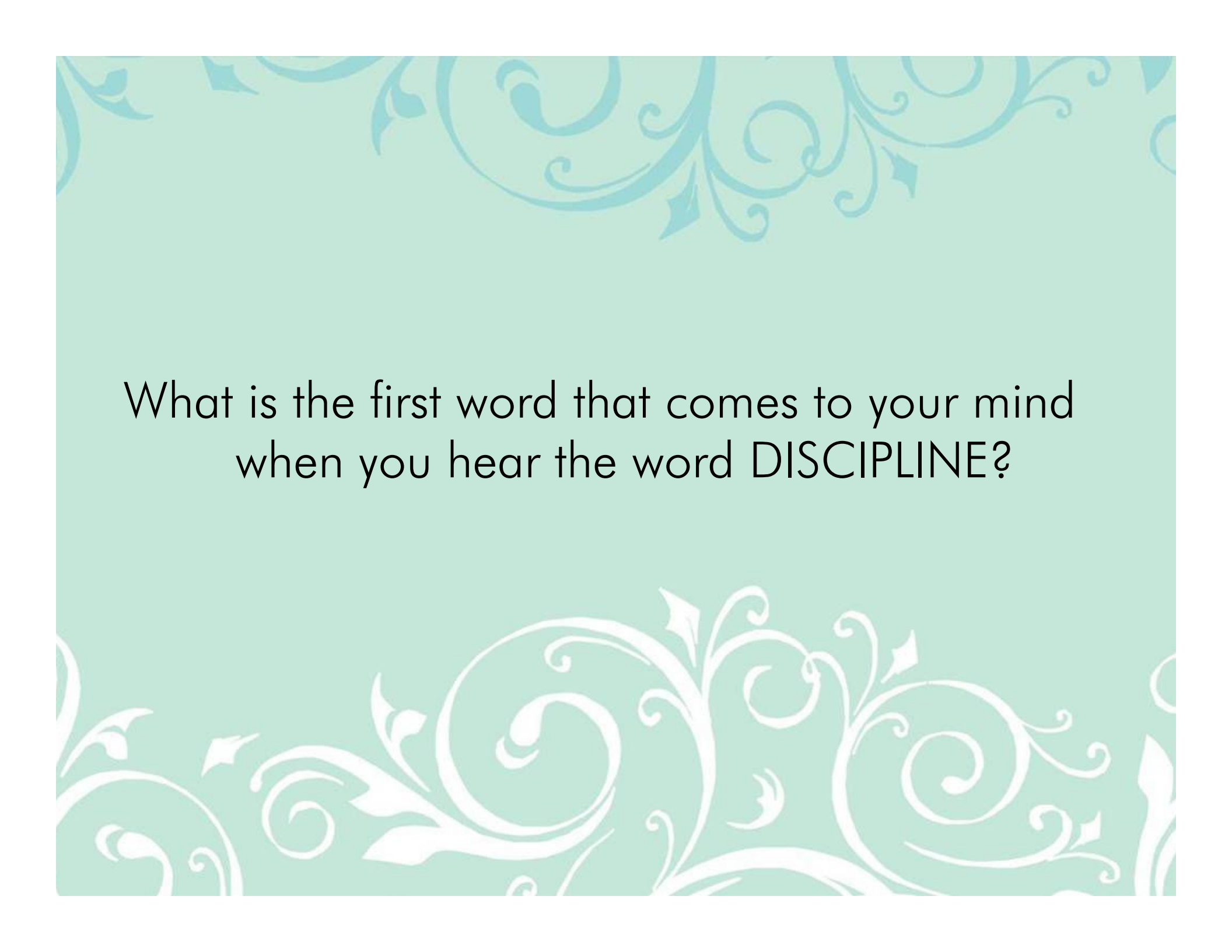
“Train up a child in the way he should go [and in keeping with his individual gift or bent], and when he is old he will not depart from it.”

Proverbs 22:6 (Amplified Bible)

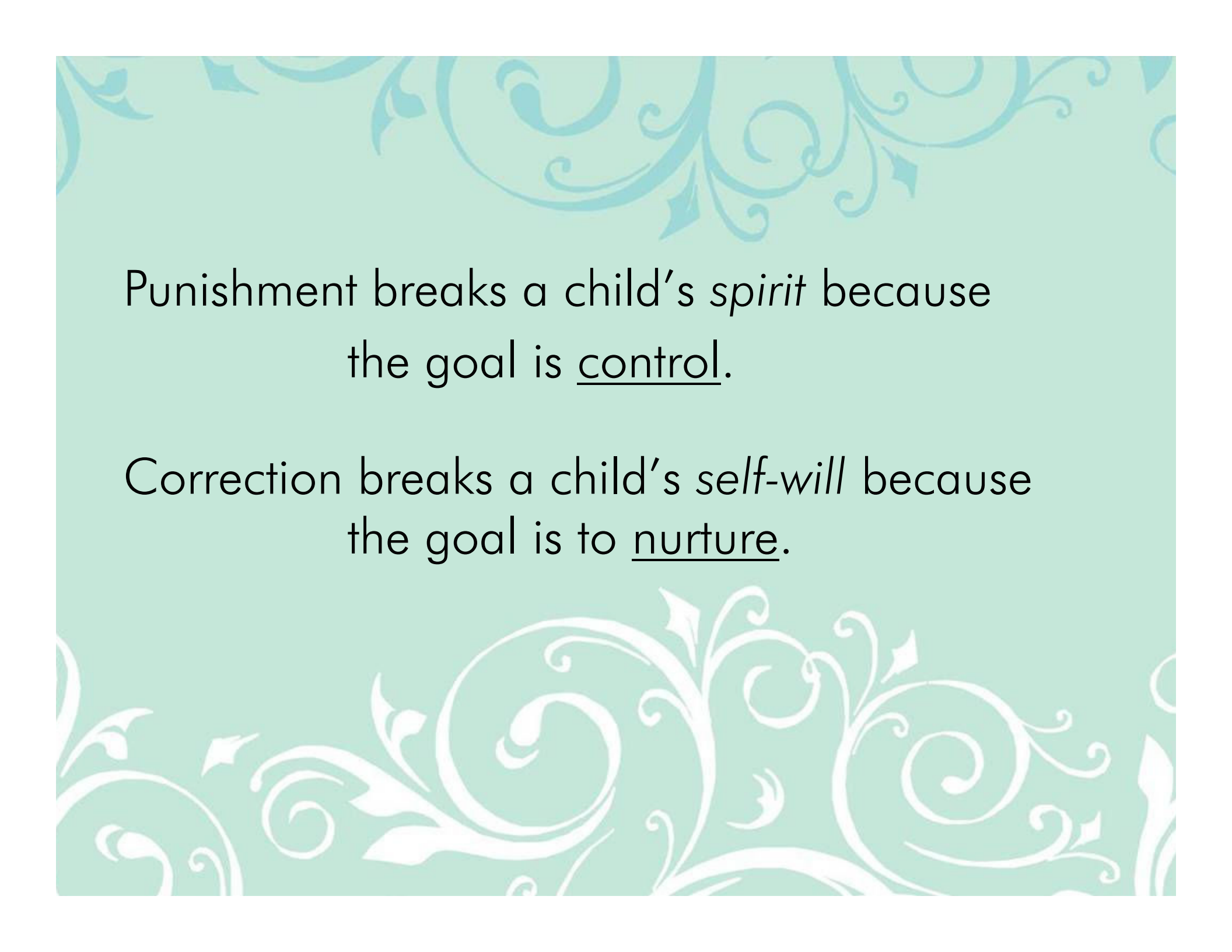




“train up” – to dedicate, inaugurate; to make a formal beginning

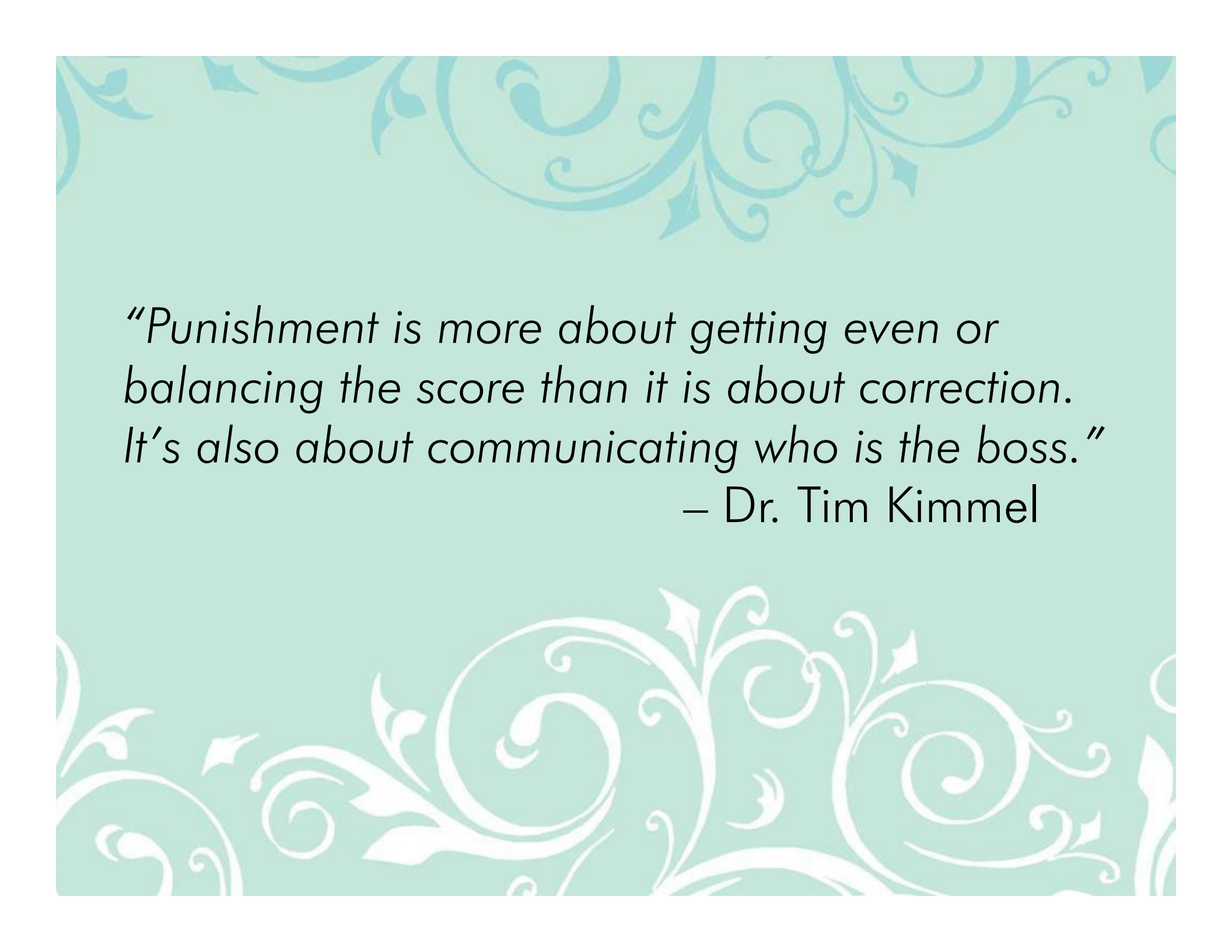


What is the first word that comes to your mind  
when you hear the word DISCIPLINE?



Punishment breaks a child's *spirit* because  
the goal is control.

Correction breaks a child's *self-will* because  
the goal is to nurture.



*“Punishment is more about getting even or balancing the score than it is about correction. It’s also about communicating who is the boss.”*

– Dr. Tim Kimmel

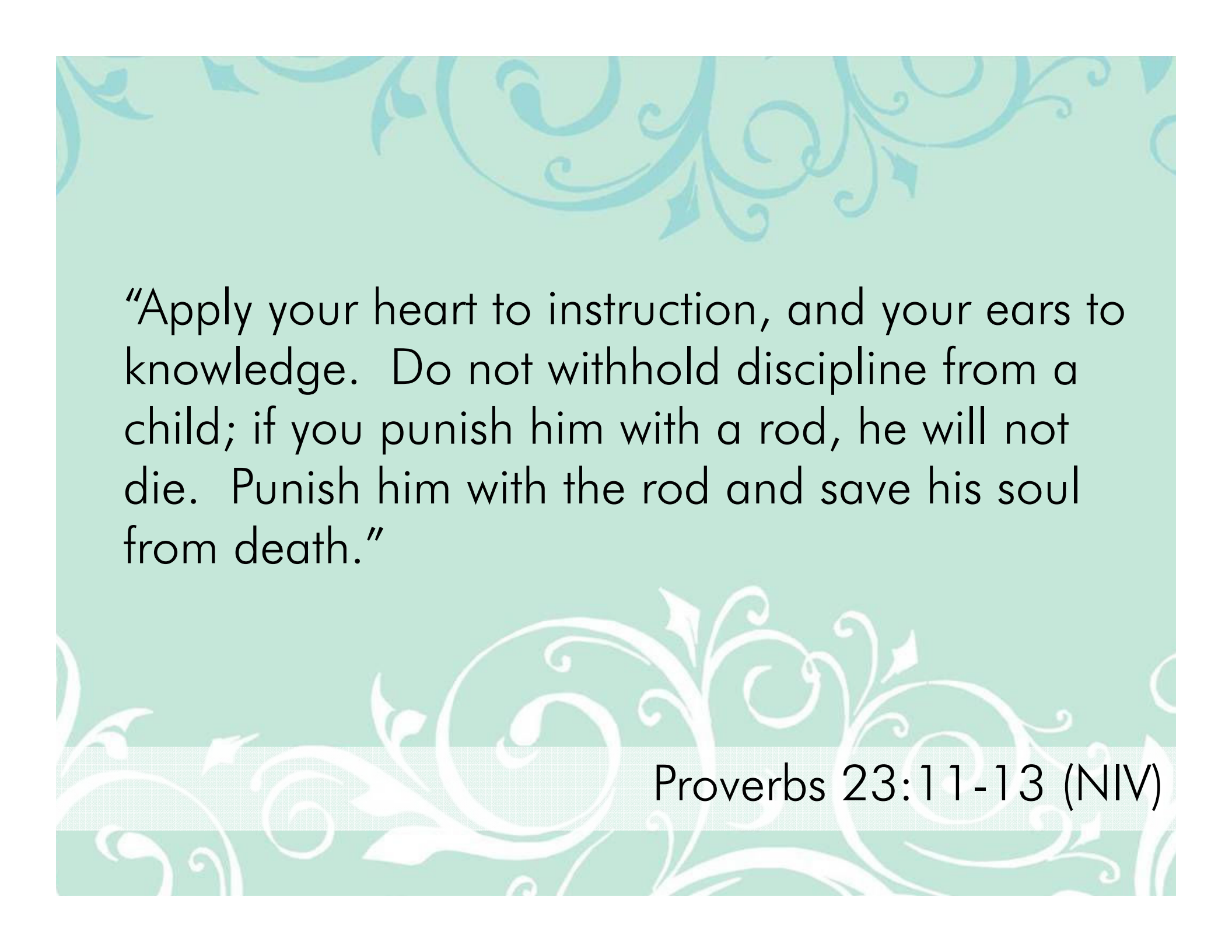
## *Five Effective and Foundational Practices to Correct Behavior:*

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1. Use Spanking
2. Keep Your Child's Love Tank Full
3. Use Your Eyes and Ears (more than your mouth)
4. Use Clear Words and Swift Action
5. Be Consistent



1. Use **SPANKING** to hasten correction.



“Apply your heart to instruction, and your ears to knowledge. Do not withhold discipline from a child; if you punish him with a rod, he will not die. Punish him with the rod and save his soul from death.”

Proverbs 23:11-13 (NIV)



King James Version:

“Spare the rod, spoil the child...”

New International Version:

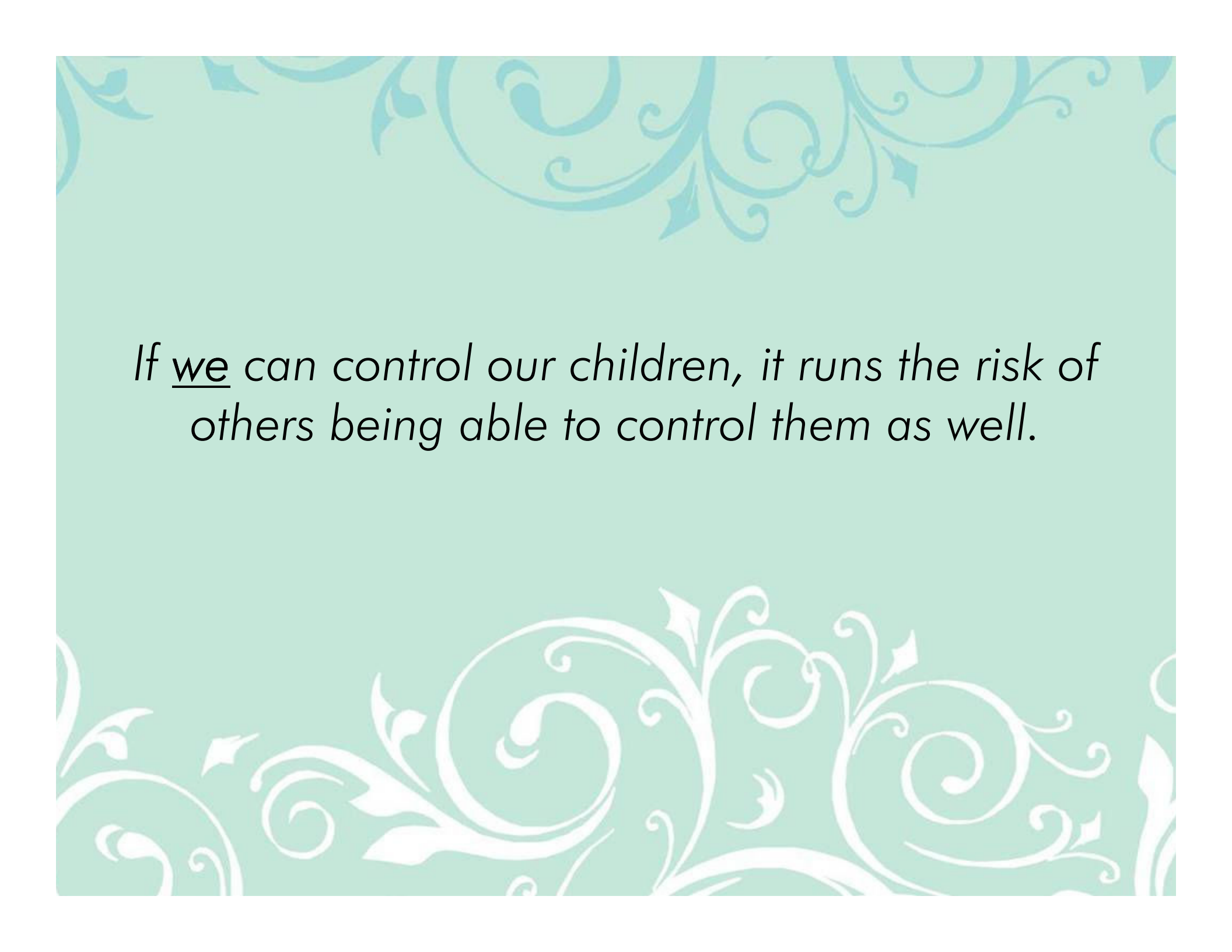
“He who spares the rod hates his son, but he who loves him is careful to discipline him.”

Proverbs 13:4

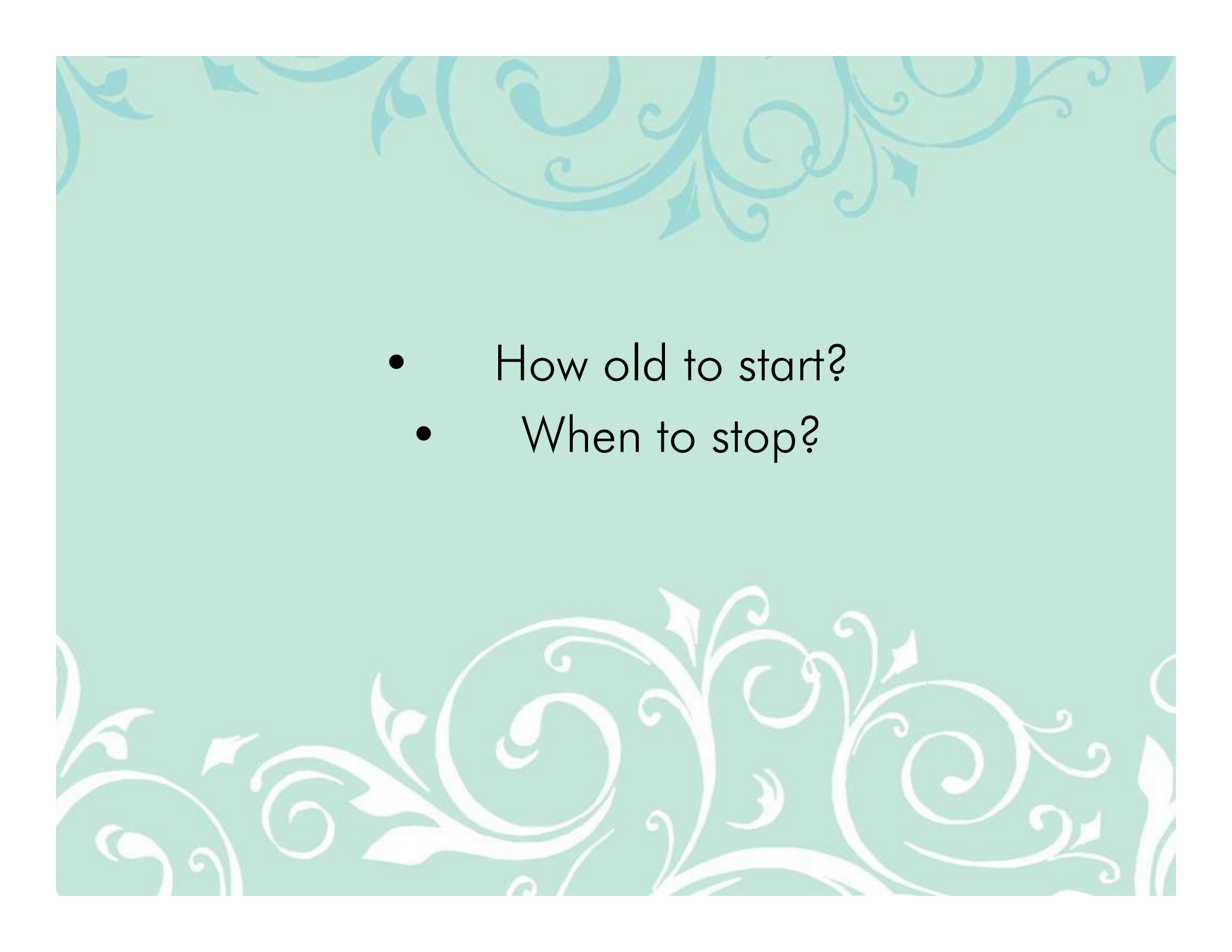




“rod” – indicative of a tool of  
CORRECTION and GUIDANCE



*If we can control our children, it runs the risk of others being able to control them as well.*

- 
- How old to start?
  - When to stop?

- Spank for what infractions?
  - Behavior that needs immediate attention
  - Behavior threatens a child's safety
  - Behavior that requires a strong lesson
  - Behavior or attitude is CLEARLY defiant  
(defiance = openly resisting and challenging authority,  
yours or others)



- How to spank?

- with love

- with control

- with time

- with intentionality



2. Keep Your Child's **LOVE TANK** full  
to maximize correction.



3. Let your **EYES AND EARS** enhance correction.



4. Use **CLEAR WORDS** and **SWIFT ACTION**  
to guide correction.





5. **BE CONSISTENT** to seal correction.

