Welcome to heart-to-heart
Overwhelmed: Simple Ways to Bring Organization into the Home

Week 6 | 12.01.10
“It’s not what I do that makes me tired, it’s what I don’t do.” -- Donna Otto
On your INDEX CARD write one space that feels like the most overwhelming (or frustrating) when it comes to home management.
Webster’s definition of \textit{overwhelmed} =

1. to overcome completely in mind or feeling
2. to overpower or overcome; destroy; crush
3. to cover or bury beneath a mass of something
4. to load, heap, treat, or address with an overpowering or excessive amount of anything
Malachi 3:6

consumed = overwhelmed
NETBible = to be spent; used up
Malachi 3:6 (NLB) “I am the LORD, and I do not change. That is why you descendants of Jacob are not already destroyed.”

Malachi 3:6 (CEV) “Descendants of Jacob, I am the LORD All-Powerful, and I never change. That's why you haven't been wiped out!”
“Keeping a home of order is not for the sake of order. It’s for the sake of being more available to your family.” – Carol Drew
The key question in getting organized is “How can be more prepared for ....?”
The PURPOSE for being more organized is to do and to be all that God is calling me to.
“Do not be conformed to this world (this age), [fashioned after and adapted to its external, superficial customs], but be transformed (changed) by the [entire] renewal of your mind [by its new ideals and its new attitude], so that you may prove [for yourselves] what is the good and acceptable and perfect will of God, even the thing which is good and acceptable and perfect [in His sight for you].”

ROMANS 12:2 (Amplified Bible)
Donna Otto’s book,
More Hours in My Day
Basic Home Management How To’s:

• “Everything has a place. Everything in its place.”
• The day starts the night before.
• Handle a paper ONCE.
• Get Organized with 3 bags, or 3 spaces
  - Throw Away
  - Give Away
  - Put Away
• Colored File Folders
• Important Papers Family Notebook
• Baskets
• Central Home Management Area
• Miscellaneous Tips...
Lightening Round
What do you need to go home and DO today to be energized?
The question is not, 
“Am I managing my TIME wisely?”
but
“Am I managing ME wisely?”
Living With Less by Mark Tabb
15 Look carefully then how you walk! Live purposefully and worthily and accurately, not as the unwise and witless, but as wise (sensible, intelligent people),

16 Making the very most of the time [buying up each opportunity], because the days are evil.

17 Therefore do not be vague and thoughtless and foolish, but understanding and firmly grasping what the will of the Lord is.

EPHESIANS 5:15-17 (Amplified Bible)
verse 15, walk = to regulate one’s life
verse 16, evil = full of labor, annoyances and hardships
verse 17, will = what one wishes or has determined should be done