Welcome to hart-to-heart
Taking The Battle Out Of Discipline: The Consistent Approach

Week 2 | 10.13.10
1. HAVE A PLAN.
2. WORK THE PLAN.
3. BE CONSISTENT WITH THE PLAN.
We are to be in authority over our children but not to be authoritarian.
To be in **authority** means a parent is the one in charge.

To be **authoritarian** means that a parent believes that they always know best and thus, makes all decisions for their child.
“Train up a child in the way he should go [and in keeping with his individual gift or bent], and when he is old he will not depart from it.”
Punishment verses Training

“Reality Discipline is a consistent, decisive and respectful way for parents to love and discipline their children.” – Dr. Kevin Leman
Punishment breaks a child’s spirit because the goal is: to **CONTROL**.

Training breaks a child’s rebellious will because the goal is: to **NURTURE**.
Webster’s definitions:

**train** = to develop or form the habits, thoughts, or behavior of (a child or other person) by discipline and instruction
Five ACTIONS
that will support parents in their endeavor
to discipline their children:

• **SPANKING** hastens training
• **A FULL LOVE TANK** maximizes training
• **FOCUSED EYES** enhance training
• **SPIRIT FORMED WORDS** guide training
• **CONSISTENCY** seals training
• **SPANKING** hastens training

Proverbs 13:24

Proverbs 23:13, 14 (NLB) “Don’t fail to discipline your children. They won’t die if you spank them. Physical discipline may well save them from death.”

Proverbs 29:15, 17

Proverbs 19:18

Proverbs 13:4 (KJV) “Spare the rod, spoil the child ...”
WHEN IT COMES TO SPANKING...

How old should a child be to start spanking?

What age should a child be when spanking is no longer an appropriate action of discipline?

For what infractions should a child be spanked?

How should a parent spank?
• A FULL LOVE TANK maximizes training
[ Ephesians 6:1-4 (read in the New Living Bible); Colossians 3:21 ]
• **FOCUSED EYES** enhance training

[Psalm 32:8, 9]
• **SPIRIT FORMED WORDS** guide training

[Proverbs 18:21; Romans 8:5,6]
• **CONSISTENCY** seals training

[Ephesians 6:4 (NLB)]
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What is Responsibility?

\[ R = C + C \]

Responsibility = Choice + Consequence

Why do we avoid responsibility?